

Top Georgia Board Certified Surgeon Dr. Sanjeev Kaila Helps Atlanta Moms Get Their Body and Confidence Back

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The Blue Water Surgery Center offers a range of plastic surgery procedures. The post-pregnancy procedures are sometimes known as Mommy Makeovers.

Atlanta GA: Blue Water Surgery Center and Dr. Sanjeev Kaila are pleased to announce that they offer a variety of plastic surgery procedures after pregnancy, known as Mommy Makeovers. The procedures which new moms are most likely to be interested in are those which correct post-pregnancy breast, body and facial changes. The procedures are tailored to individual problems and concerns. They may consist of a single or combined procedures. The treatment plans are designed to get new moms back to normal activities and family life as quickly as possible.

The most common Mommy Makeover Atlanta procedures in plastic surgery post-pregnancy are those which affect the abdomen and breasts. The options offered by Dr. Kaila and his professional team begin with a thorough consultation about the goals, expectations and desires of the patient. Following a discussion, the team will recommend a treatment plan which is customized specifically for the individual. The techniques are available to improve the shape, tone and condition of the physique after the birth of children.

A Tummy Tuck or Abdominoplasty removes loose skin and excess fat from the lower abdomen. In addition, the abdominal muscles are tightened in order to improve the contour, tone and function of the area. This procedure is recommended after the child-bearing plans are over and the weight is stable. Work on the breast may include breast augmentation or a breast lift. After the pregnancy and breast-feeding most women lose breast volume, as well as sagging of the tissue. Augmentation restores fullness while a breast-lift helps them to appear firmer.

Liposuction is another technique which can assist in the reshaping and contouring of the body. Excess fat stored in the buttocks, thighs and abdomen can be removed surgically. Liposuction may be combined with

augmentation using dermal fillers. Changes in skin pigmentation can be corrected, refined, refreshed and beautified with laser skin resurfacing.

For more information, visit <http://www.bluewatersurgery.com/mommy-makeover-atlanta/>.

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