

Pro Hitting Consultant Launches Online Baseball Academy

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Sean T. Plouffe, pro-hitting consultant, offers reliable suggestions and training tips centered around the movements of the best hitters in baseball. The baseball academy maximizes athletic capabilities and efficiency.

Sterling VA: Hitterish and Sean Plouffe are pleased to announce the launch of their online baseball academy. Working from a video which displays a slow motion demonstration of the bat path which is typical of the stance and action by the student. The student will also need to list everything which he or she has been taught about how to hit previously. The third component which is required of the student is a list of all thoughts and cues believed to be true about hitting success.

Speaking in a recent interview, Sean explained, "The guide and training information is the result of my life's work. I spent years studying the best hitters in the world and found a striking correlation in their swing movements. My video guide will make the difference for many young players. The course provides training centered around the movements of the top baseball hitters. The course focuses on maximizing athletic capabilities and efficiency."

He continues, "Traditional coaching can never produce elite level swing mechanics. The available training is guaranteed to make you a better hitter or we will return your money. In comparing the swing movements of the baseball world's top hitters there is a high degree of correlation. This information has allowed us to prepare a course to improve the swing of anyone willing to put in the effort."

The information provided by Sean includes the difference between amateur hitters and elite hitters. The course also contain the keys to maximizing bat speed. The Complete Swing Mechanics Video Guide is a helpful instruction set to improve hitting performance and success.

The website includes video images and analyses of baseball's top hitters. Some of the big names which are shown include Barry Bonds, Ted Williams, David Ortiz, Gary Sanchez, and Josh Donaldson. The comparison

of two years patterns for Bryce Harper is an indication of the importance of correct swing patterns.

For more information, visit <http://Hitterish.com>.

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