

# Plano Injury Rehab & Chiropractic Encourages Full Patient Education

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Plano TX Chiropractic offers complete service beginning with consultation, continuing through diagnosis and proceeding to specialized treatment and follow-up routing maintenance. The practice also encourages patient education.

Plano TX: Plano Injury Rehab & Chiropractic is pleased to announce that their newly launched website offers a range of educational materials on the topics of injury rehabilitation as well as overall health enhancement. The professional chiropractors and staff ensure that each patient gets the necessary information and rehabilitative techniques which the specific injuries or ailments require. The website provides details about modalities, therapeutic exercises and programs. In addition, to the website information, the professional work individually with patients in need of education.

The Plano TX chiropractic professional team offers a complete service, which includes consultation and diagnosis, and may continue with specialized treatment and follow-up routing maintenance. Some of the specific therapies and training which are available to Plano, Texas patients include activities of daily living training, muscle conditioning, balance and coordination training and ergonomics training. Neuromuscular re-education and work hardening may be the preferred techniques for some patients.

A representative of the Plano Injury Rehab & Chiro Center explained in an interview, "We offer sports enhancement, home exercise, rehab management and backpack safety tips. As part of the educational tips, we provide details on ergonomics and back safety programs. We also teach patients about chronic pain management."

Managed conditions available by the Plano professional staff include diabetes, hypertension, depression and plantar fasciitis. The team helps in managing spasms, sinus trouble, digestive problems and bone pain. Patients with tendonitis and repetitive stress injuries report improved ability to function in spite of the pain and related symptoms.

Chiropractic measures which are incorporated into treatment plans and modalities include manual massage, medical massage, joint mobilization, TENS, muscle stimulation, cold and heat therapy and others. The doctors may use ultrasound as part of the diagnostic process. Each therapy or treatment is explained to the patients in order that they may be fully informed about expectations and results.

Learn more by visiting the web pages at <https://www.allinjuryrehab.com/plano-tx-chiropractor.php>.

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For more information about Plano Injury Rehab & Chiropractic, contact the company here: Plano Injury Rehab & Chiropractic (972) 964.7696 905 W Parker Rd., Plano TX 75023

### **Plano Injury Rehab & Chiropractic**

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