Immortalitea Announces Newly Published Tips To Avoid Zika

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The Immortalitea Company has recently published tips that are designed to help protect families from mosquitoes. The company says that with the Zika virus causing devastating birth defects, they felt that it would be helpful to offer readers a number of ways to protect themselves against this virus.

Margo Chupeido with the company says, "We want you to be healthy and these Zika tips from Immortalitea are going to help with that. Nobody likes mosquitoes, particularly now that they carry this devastating virus. Our goal is to offer some insights as to how you can avoid mosquito bites altogether."

The post offers insights into natural ways to avoid being bitten by mosquitoes. These tips include mosquito proofing the home to keep mosquitoes out. This can include sealing windows and doors to ensure that there are no holes. Other tips include covering up with light clothing when outdoors and watching for mosquitoes during the daylight hours as well as at night.

"We also offer insights into certain herbs and plants that will naturally repel mosquitoes," says Chupeido. "Aromatic herbs work well at keeping mosquitoes at bay. Think about planting sage, rosemary, lavender, or

other aromatic plants around your home, inside and outside to keep those pesky biters away."

Chupeido says that essential oils can offer natural repellent properties and the post offers a recipe for using natural oils to create a bug spray that can safely be applied to the skin when going outdoors. She says that if one does get bitten, there are various kinds of effective herbal treatment that include making a poultice from basil which helps to draw out the bite. Green tea leaves also offer an effective treatment against mosquito bites. The post recommends applying green tea directly to the bite to draw out the poison and stop the itching.

The Immortalitea Company offers a number of tips and advice for a variety of health issues and concerns. The company sells a wide variety of healthy herbal teas as well as other products from the Michigan base. Those interested in reading the post can find it and other information about the company on their official website.

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The Immortalitea Company

The Immortalitea Company offers health-conscious organic and pesticide-free teas including jiaogulan, mulberry leaf, and gourmet organic teas.

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