

The Center for Cosmetic & Reconstructive Gynecology Releases "Intimately Confident" Guide

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The Center for Cosmetic & Reconstructive Gynecology offers a new guide for women titled "Intimately Confident". The guide contains essential information about vaginal rejuvenation.

Deerfield Beach FL: The Center for Cosmetic & Reconstructive Gynecology and Dr. Mark Scheinberg are pleased to announce they have released a free guide. The guide is titled "Intimately Confident" and is available at no cost. The content of the guide includes everything a woman needs to know about vaginal rejuvenation, tips on how to find the best cosmetic gynecologist, and ten questions to ask before deciding on a cosmetic gynecologist.

According to Dr. Mark Scheinberg, "Sexual well being is important to a happy, well balanced life. In addition to physical pleasure, better sex strengthens emotional bonds between partners and adds excitement to life."

Dr. Scheinberg is a Florida vaginal surgeon, having extensive training in cosmetic gynecology after performing thousands of surgical procedures over more than three decades in practice. The doctor has been providing women throughout South Florida with care, comfort, and choice. He understands why his patients may be considering vaginal cosmetic and reconstructive surgery. Some of the common reasons include pain, discomfort, loss of sensitivity, self-consciousness about appearance, and fear of intimacy. Dr. Scheinberg is also an expert in bio-identical hormone replacement therapy (BHRT).

The center offers vaginal reconstruction and vaginal rejuvenation using Site Specific Defect Reconstruction (SSDR), Vaginal Rugae Restoration (VRR) and other repair techniques to transform the vagina by repairing damage and restoring the natural shape and diameter. The procedures also recreate the vaginal ridges, leading to a renewed sex life. Vaginal Rejuvenation can also correct urinary incontinence and help to restore self-esteem and confidence.

Dr. Scheinberg uses five important principles to achieve a natural look and comfort. These include contour, color, symmetry, size, and smooth edges.

For further information, visit the web pages at <http://www.cosmeticasergynecology.com>.

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