



Fitwellyou Announces Limited Time 33% Discounted On Their Resistance Bands

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FitWellYou a fitness company operating out of New York, NY are currently offering their highly popular resistance band set on Amazon at a special discounted offer. The set, which usually costs \$29.99, is now available for just \$19.97. The set contains a light, medium and a heavy resistance band for a full body workout.

"Our resistance band set has been available on Amazon for some time now, and it has quickly become hugely popular", says David Williamson from FitWellYou. "As a way to say thank you to our loyal customers, and in a bid to attract more customers, we are now offering our set at a discounted price for a limited time only."

One of the biggest benefits of this particular band set is that it is highly cost effective. Resistance bands should be a part of anybody's home fitness equipment and this set allows people to have three different types of resistance straight away. Additionally, it comes with a high quality and convenient door anchor, as well as an exercise guide to show people where to start.

Because these bands are also lightweight, it is very easy to take them on travels or vacations. They can be stashed in even the smallest pocket. Indeed, more and more people are now taking them into the office with them, to allow them to enjoy some movement during break times. Because the kit comes in three different resistance levels, they are suitable for all levels of fitness as well. Furthermore, the resistance can be increased or decreased depending on how slack the user leaves it.

"One of the greatest things about resistance bands is that they can be used for a full body, comprehensive workout, incorporating every major muscle group in the human body", adds David Williamson. "We challenge you and anyone else to kick your hips, butt and legs into shape! You are guaranteed to see a difference."

Indeed, resistance bands are known to provide a very effective workout. This despite their inherent simplicity. They can be used to target all the different muscles for strength training. Furthermore, they can improve levels of flexibility, stamina, range of motion and various other things. This is why they are also so popular among physiotherapists.

"I regularly use this set by FitWellYou and can say the quality of both the bands and door anchor are outstanding", says S. Walden, a therapist. "I am a healthcare professional who, over the years, has not only used but also recommended many resistance bands to patients for therapy as well as personal training and maintenance."

The FitWellYou resistance band company expects that, at the current discounted price, the resistance band will sell out very quickly. They recommend people put their orders in straight away, therefore.

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For more information about FitWellYou, contact the company here: FitWellYou Mr. David Williamson 1-613-440-4000 info@fitwellyou.com New York, NY 10022 United States

FitWellYou

FitWellYou makes top quality resistance bands that are reliable and results-oriented. FitWellYou Resistance Bands are tried, refined and tested by real therapists, athletes and actual patients to ensure superior quality and durability.

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