



Marvelous Crossfit Burlingame Announces Free Trial For New Customers

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Ranier Gadduang, who is the founder of the company Marvelous CrossFit, has announced that clients who want to try CrossFit for free are more than welcome. He said that he understands many of the uncertainties people had with CrossFit, and that the best way to get their questions answered was by actually getting involved. Ranier added that Experienced CrossFitters Get 30 Days Free. He also made the following statement,

"We're here to answer all your questions and alleviate any concerns so that you can make an educated decision on whether or not CrossFit is right for you. The best way to accomplish this is through a free 60 minute introductory session in which you work 1:1 with one of our certified coaches."

Once people join up for the free 60 minute session, they will first go through an introduction phase. Here, a coach will try to learn as much as possible about the client's goals, current workout regimen, and if they have any injuries or pre-existing conditions. The client will also be given a tour of their facility, and during this time they will be learning about the different services that they offer as well as what their company philosophy is.

After the introduction phase has been completed, the client will begin with the warm-up phase, which is a brief bout of easy movement to get them warmed up and prepared to do some harder work. Various stretches will also take place to help the client maintain safe positions during work out. The coach will then explain to the client how to move safely and effectively, as this is a major priority throughout the whole session. Here, they'll explain to the client the importance of proper form.

Ranier stated that once the client has completed all of those important phases, they are then ready to begin with the workout of the day, also known as WOD. To end the session, the client is then taken through a cool down phase, which involves some finishing stretches that is designed to help bring the client's heart rate back down, in a safe manner. During this time, clients can also ask their coach any questions they may have. The company also made the following statement,

"The Intro Session is designed to be fun, engaging, and informative. We strongly believe an excellent service sells itself and discourage any form of hard closing or extreme sales pitch."

In order to join up for their free trial, customers simply need to fill out a form that is located on the company's website. Ranier Gadduang stated that he understands the struggles people face in maintaining a healthy lifestyle. He added that his mission is to be completely committed to the success of every one of his clients. For those who would like more information on the CrossFit Burlingame free trial, the company urges interested parties to go to their website. Here, they will find the full details on what type of services they provide, and if they have any further questions, are encouraged to contact one of the team members at Marvelous CrossFit by email.

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For more information about Marvelous Performance, contact the company here: Marvelous Performance
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Marvelous Performance

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