

Consultation Offered On Crucial Leadership Traits, Including 10 Commitments And 10 Commandments

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Meredith Gardner, Ph.D., founder of The Strategic Edge in New York City, has announced a new focus for her consultation series. Gardner states that she is focusing on crucial leadership traits that include 10 commitments and 10 commandments. She points out that one of things that inspired her to offer this consultation is a book by Colonel Thomas A. Kolditz, titled "In Extremis Leadership". Those interested about her consultation services can learn more at www.strategic-edge.com.

"In his book," says Gardner, "Colonel Kolditz elucidates on research that he has done regarding 'extremis' leadership, which are the principles used by leaders during dangerous situations. The author uses real life stories of leaders in extreme situations to make his point and he goes on to emphasize that such principles are also applicable in today's businesses and even in personal lives."

Furthermore, Gardner explains that there is a huge difference between commitment and commandment. She says that if someone is not committed, it can be difficult to carry out commandments.

"I've known leaders who espouse all kinds of information and delegate, delegate, and delegate. Then they forget what they've said. That sure is troublesome and doesn't make for quality leadership," says Gardner. She adds that according to John C. Maxwell, "Leadership is not about titles, positions or flow charts. It is about life influencing another."

Gardner points out that the dominant alpha male leader is no longer effective today. She says that what is needed is a new kind of leader that focuses on relationships and understands that leadership is not simply about oneself but includes the need to listen to others, to be intellectually curious and to be emotionally open. This thinking is consistent with the Catalyst study that shows how altruism can make employees more innovative and engaged. The study found that humility is one of the four critical factors in a good leader for creating an environment where employees from different backgrounds can thrive. Employees who perceived their managers with altruistic behaviors were reported as being more innovative and productive. More about this and other leadership studies can be seen at www.strategic-cio-solutions.com.

"Most people find it easier to say who a bad leader is," says Gardner. "You can just tell from the results produced. People have negative or frustrating experiences from how the 'leader' makes you feel to whether or not you share the same passion for the expressed purpose. Poor leaders stand out like a sore thumb because these are the 'wanna be' greats and they are delusional thinking that they're a terrific leader. Unfortunately there are more poor leaders than great ones."

Meredith Gardner, Ph.D. is an animated international speaker, executive coach, trainer and author. She previously had her own radio program as well as being a guest on local and national radio/TV. Meredith also attended programs at the NASA Corporate Space Academy (Huntsville, Alabama) where, as a leader, she was appointed Director of the Space Research Lab on a simulated flight. As a Distinguished Toastmaster from the public speaking organization Toastmasters International, she has won many coveted awards. She imparts leadership skills and strategies - with passion and humor - to the people she counsels. More on Gardner can be seen at www.linkedin.com/in/meredithgardnerphd.

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The Strategic Edge

The Strategic Edge is an Interpersonal Communication Company. Meredith Gardner, Ph.D., is a noted behavioral psychologist, author, speaker & media guest.

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