



Bariatric Mexico Surgery Releases Information About Intra gastric Balloon

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Bariatric Mexico Surgery in Tijuana, Baja California, Mexico, has released information designed to help patients who are considering the intra gastric balloon procedure. Alma Orozco with the facilitator company that offers scheduling and marketing services, states that this type of procedure can be very helpful for those who are obese and find it difficult to lose weight with other methods. The blog post can be read at <https://www.bariatricmexicosurgery.com/bariatric-surgery/should-i-consider-the-intra gastric-balloon/>.

"The actual procedure only lasts about half an hour," says Orozco. "The patient would be under mild sedation during the procedure while a silicone gastric balloon is gradually inserted into the stomach. Insertion is done through the esophagus, which means it is minimally invasive."

Once inside the stomach, the balloon is filled with saline so that there is less room for food and drink. This is what helps patients to lose weight. They feel fuller much sooner than they normally would. The balloon remains in the stomach for up to six months while the patient works with a dietitian. Together, they develop an effective weight loss plan which may also include an exercise physiologist.

"The goal is weight loss, of course, but it is also designed to enhance overall health," says Orozco. "You don't just lose weight, you learn an entirely new way of eating and living to ensure that the weight stays off and you lead a much healthier and happier life."

In the post released by the company, information is given to help those considering this surgery to determine if it seems like a beneficial procedure. In addition to the benefits of the surgery, the post also provides some warnings that patients should heed in order to ensure that their weight loss is permanent. It also provides information on a study done in Brazil that suggests around 70 percent of patients who had this procedure gained back their weight within three years.

Orozco says that the goal of Bariatric Mexico Surgery is to help patients lose weight but also to instruct them on ways to ensure that they do not gain back the weight that they lose. The intragastric balloon is being used more and more as an alternative or a precursor for more invasive procedures to help morbidly obese patients to lose weight and ultimately modify their lifestyles. More can be seen at <https://www.bariatricmexicosurgery.com>.

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Bariatric Mexico Surgery

Bariatric Mexico Surgery works with individuals who are interested in weight loss surgery by answering questions and offering bariatric surgery procedures through a relationship with some the best surgeons in North America.

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