



Seattle Summer Camp, DiveSeattle, and Their Olympic Level Staff Expecting to Fill Final Spots for Beginner to Expert Students

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DiveSeattle of Seattle, WA has opened up its flagship springboard diving camps for the summer. The first camp will run from June 22nd to the 25th and will be led by DiveSeattle's founder, Patti McEuen Southerland. In addition, a number of highly qualified and experienced coaches will provide instructions and training to the campers. A highlight feature of this summer's series of diving camps is its special training sessions conducted by the top Venezuelan Olympic coach, Ilich Marciano.

The DiveSeattle's springboard diving camps will offer a wide array of training approaches from instructional lectures to fundamentals of physical conditioning and will support recreational and competitive divers as well as beginner gymnasts and swimmers looking to develop their abilities. Apart from personal attention provided to individual campers that speed the progress toward each diver's specific requirements and needs, the program also provides group classes that teach the importance of specific dive and gymnastic techniques and strength development exercises.

The camps will be held in the (KCAC) King County Aquatic Center in Seattle, Washington and contains

modern state-of-the-art facilities enabling both recreational and competitive divers to practice and develop their skills to a par with international standards and requirements. Since every competition differs from one another, a generalized group session would not satisfy the needs of divers who are training at local or national levels. By providing customized training and instructional sessions to such divers, DiveSeattle ensures that the guidance matches their recreation interest or their venue of competition. Lessons tailored to competitive divers can provide valuable insight from more experienced coaches therefore smoothing the learning curve enabling a positive and productive experience.

For campers who wish to take up diving for leisure, or are aspiring to progress from a camp hobby to a competitive career, DiveSeattle provides training programs to fulfill individual goals. Routines range from guidance on warm up exercises to video based training to provide visual representations on the specific maneuvers that are expected for a camper's progress. Amateur, as well as competitive divers benefit immensely from training in a diving club. The additional knowledge acquired from various pointers, helpful tips and learning from other campers' experiences pays dividends that could not be replicated in solitary training sessions.

Remaining sports in the dive camp can be reserved by using DiveSeattle's online booking service available on their website at <http://www.DiveSeattle.com> To cater to prospective campers who are unable to commute to and from the facility, optional accommodation are provided for during the booking session. Diving camps organized and run by DiveSeattle offer an opportunity that makes little sense to miss out on by anyone who has a desire to start out in, or even improve upon existing skills in springboard diving. With summer camps only round the corner, it is only a matter of days before all places are snapped up by summer camp searching moms and aspiring divers.

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For more information about DiveSeattle, contact the company here: DiveSeattle Patti McEuen 1-844-266-DIVE (3483) info@diveseattle.com DiveSeattle P.O. Box 98536 Des Moines, WA 98198

DiveSeattle

DiveSeattle is the Pacific Northwest's premiere competitive springboard diving and aquatic athletic program providing competitive and beginner level programs for both athletes and coaches. DiveSeattle was founded by veteran dive coach, Patti McEuen.

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