



Independence Day: Strength Training Tool That Offers Independence From The Gym - 50% Discount

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Fitter Den, Creator of Bear Bands Resistance Bands in Missoula, MT, has announced that their resistance bands are a good reminder of Independence Day as they offer people independence from the gym. This is because you can take them anywhere you go; they easily fit into a purse, diaper bag or even your pocket. People no longer need to go to the gym to have a good workout. Incidentally, their Bear Bands are now available at a 50% discount, which will last through Independence Day Weekend.

"Independence Day is a day of barbeques, drinking and fun", says Tracy Hart-Woods from Fitter Den. "Unfortunately, therefore, it is also a day of many calories! We have released our Bear Bands with a 50% discount to enable people to work out before, during and after our national holiday and feel less guilty about having that extra sausage or burger."

Resistance bands can be used for a variety of different workouts, offering fitness and strength at the same time. The Bear Bands are 10" flat resistance stretch loops. The set comes in a pack of four, with different resistance strengths. Furthermore, they are lightweight and highly portable, which means they can also be brought along anywhere the user is going, be it beach, bar-b-q, pool or park. Indeed, many people take them

into the office for whenever they have an extra spare minute.

The resistance band set can be used by men and women alike to work on their core, arms and legs. They are often used in Pilates, Crossfit, P90x, Beachbody, rehab, yoga, recovery, rehab and therapy. Indeed, the various reviews left on Amazon so far show just how popular the exercise training equipment is across a range of demographics. Most importantly, however, the reviews have all been glowing.

"I just received my Bear Band resistance bands today", says GP22. "What good timing! We have had yet another rainy "inside" day and the kids are about to burst with excess energy. When my Amazon package arrived, they were disappointed that it didn't contain something for them. I told them we could all share. The kids, my husband, and I all tried out the different levels of resistance to find the right band. The whole family tried out the arm and leg exercises. I think there will be some sore muscles in the house tomorrow. We over did it a little today but have a plan for every other day use as a family. The bands are very sturdy by the way!"

To further encourage people to try their resistance bands, Fitter Den is offering a full three year guarantee on their product. Furthermore, they have included a free online VIP Club membership. The goal is to encourage more people to get healthy, even if they only have limited time available. The resistance band set is just what people have been looking for in order to improve their overall health and fitness.

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For more information about Fitter Den, Creator of Bear Bands Resistance Bands, contact the company here: Fitter Den, Creator of Bear Bands Resistance Bands Tracy Hart-Woods, Vice President for Client Happiness 888-996-4965 (888 996-GYM5) pr@BearBands.com Missoula MT

Fitter Den, Creator of Bear Bands Resistance Bands

Fitter Den? is a sports, fitness and health company devoted to providing portable, simple-to-use fitness tools like resistance bands and massage balls to enhance strength, flexibility, comfort and mobility for young and old alike.

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