



Burlingame Gym Gears Up For Summer Fitness Challenges

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Marvelous Performance in Burlingame, CA, is gearing up for summer fitness challenges that will last for four weeks. Marvelous Performance is the largest functional fitness facility on the Peninsula, and it is known for staff members' expert coaching, elite training facility, and awesome community. One of the challenges will be the Burlingame CrossFit challenge, for which training is well under way.

Ranier Gadduang from Marvelous Performance says: "Our goal is to help our clients burn fat, build strength, and maximize their health faster than ever before. We're revolutionizing fitness, helping people become irresistibly attractive by unlocking their inner beast mode. The challenges we are setting for the summer are tough ones, but we're ready and we know our members are as well."

The San Mateo gym comes highly recommended due to their unique approach on fitness. They focus not just on the physical health of their clients, but also on their emotional health. They are described as a holistic fitness center, in which they offer in person and online coaching for all exercise, nutrition, and educational needs.

Those who are members of the gym are full of praise about the results they have experienced. "The best box in the area hands down," says Brian K. on the company's Facebook page. "Reason #1) The coaches are amazing and help me progress everyday with personal attention during each workout. Reason #2) The programming is varied and well thought out for all classes and all levels Reason #3) The beginners class not like at any other gym. It is designed to teach the skills and not be intimidating."

A lot of people interested in CrossFit come to Marvelous Performance, either as full members or even when they are simply passing through as travelers. All are being encouraged to sign up to the summer challenges, which will have a strong focus on CrossFit, and also on strength and conditioning. Ranier Gadduang ends: "We will be there with you every step of the way. Naturally, we'll be participating in the events ourselves. Come speak to us about what it entails and how we will get you ready."

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For more information about Marvelous Performance, contact the company here: Marvelous Performance
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Marvelous Performance

The Most Fun And Effective Workout Of Your Life. A World Class Training Facility, Expert Coaching, And Community Unlike Any Other. Guaranteed To Make You Grow Stronger, Faster, And Sexier Than Ever Before. No Egos Allowed - Just Good Vibes And High Fives.

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