New Report on Naturopathic Medicine Reveals Most Customer Centric Clinics

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World Class Naturopathic Clinics

Research continues to show the heightened success of naturopathic clinics and the positive results they yield.

It's become a staple of medical research, and a committed team of researchers has spent time breaking down the viability of this option. These clinics are seen in various parts of the nation and continue to set high standards for what's required in modern medicine.

Those who are hoping to tap into the benefits these clinics offer and want to maximize their health will know it's time to find the industry leaders. Here are the top five clinics in the nation and the value they bring to the table for their clients.

1) Aspire Natural Health aspirenaturalhealth.com

Established by world-renowned naturopathic physician Dr. Tim Gerstmar, Aspire Natural Health has become a high-grade naturopathic clinic. The emphasis on patient-focused medicine and top-tier service is what makes it an industry leader in holistic medicine.

"Dr. Gerstmar has been a great help in straightening out my hormones, which, as we all know, can make us miserable to be around, if not properly balanced. I can now sleep through the night, and am not a grouch! After several years, and many different options with my traditional Dr., I am pleased to report that I feel great. Not a hot flash in weeks! Thanks Dr. Tim for taking the time to get it right!" said Peggy K. on Yelp.

The programs are rich, intensive, and detailed including one's diet, physical regimen, and more. This is what makes Aspire Natural Health an established name and one that continues to grow as the years go by. If holistic medicine is the desired treatment, this is the clinic to put on one's list.

2) Swiss Acupuncture

With an emphasis towards traditional Chinese medicine, Swiss Acupuncture has claimed praise among clients.

"I worked with Ginger to identify the issues facing my health. Over the course of 4 months of consulting her, I figured I am allergic to Wheat and Dairy which was a big discovery. I am thankful to have found my food allergies through elimination of food groups under her guidance. I have a long journey ahead to resolve histamine/wheezing issues I am facing. For now the focus is to get more greens and eat the right foods for my body. She has been great in the entire process and it was a joy to work with her," said Aditi Yadav on Google.

It continues to use a structured approach with its clients to ensure things are done correctly. The acupuncture processes are resolute, easy to enjoy and provide great relief. While the clinic continues to grow, it provides quality treatments and deserves its spot among the industry leaders.

3) Eastside Primary Care and Wellness

Run By Dr.Suh, Eastside Primary Care and Wellness is another reputable clinic in Redmond.

"This place is outstanding. Dr. Suh is a great listener and will help anyone get to where they want be with respect to both their physical health and appearance. The front desk is helpful and the aesthetic services from Arienne and Dr. Suh are top notch. They also offer a pretty solid variety of supplements and aesthetic products which make it kind of a one stop shop. Lastly, their online health and beauty shop is reasonably priced and they offer deals from time to time that are hard to beat if one doesn't want to make a trip to the office. For those new in town (like I was a few years ago) or not happy with their current doc, give Dr. Suh a try," said Harry Morris on Google.

This clinic is clean, well-run, and established by professionals who have seen it all. They customize treatments and have high-quality options for all clients. It's a unique clinic and one that has earned rave reviews among medical professionals from the region.

4) Alpine Integrated Medicine

The next addition to this list of industry leaders would be Alpine Integrated Medicine.

"I see Debbie Yu for acupuncture. She literally healed my ankle! After months of conventional medicine, I was

lucky enough to find Denbbie. Her professionalism, care, and devotion to her profession have completely transformed my ankle. I can now walk, hike, just basically be active again. I highly recommend her," said Maggie M. on Yelp.

This clinic is a great one and does a good job handling basic medical concerns an individual might have. They have high standards and a beautiful clinic located near Marketplace Dr. It is a professional team and is well-run based on several industry reviews.

For those wanting a robust solution, Alpine Integrated Medicine does fit the bill and earns its spot among the best naturopathic clinics.

5) Waterfront Wellness

The last leader on the list comes in the form of Waterfront Wellness.

"This has been a great experience! Dr. Brimhall was patient, informative and took a thoughtful approach to m y health and well being. The office staff was awesome with making the appointment, and follow through. I love her approach to the Bio-Identical hormones and making sure I understood the process etc. I strongly recommend her to anyone who needs a caring, knowledge and patient Dr.," said Sandi D. on Yelp.

Dr. Brimhall is a reputable physician and one that has worked in the industry for decades. The experience bodes well for those seeking treatment and earns it a spot on this list. It is a good option for basic procedures and does a good job of yielding great results.

These are the leaders in the industry right now and continue to earn rave reviews among medical professionals. With holistic medicine, it's important to go to trained professionals, and it doesn't get better than these clinics.

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