



Dental Sealants Are a Lesser-Known way to Fight Cavities and Tooth Decay

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Haymarket, Virginia - There are more tools than ever for a Gainesville, VA dentist to fight against cavities and tooth decay and one of the most effective is the use of dental sealants. These sealants are simply resin that is applied to the surface of the tooth to prevent cavities.

Every tooth has tiny grooves that cannot be reached by normal brushing and flossing, making them nearly impossible to adequately clean. Despite their size, these grooves can still trap food particles and bacteria which leads to tooth decay. Dental sealants protect the teeth by making it so tiny particles can no longer get caught in the grooves and start cavities.

Dental sealants have proven to drastically reduce the chances of tooth decay. So much so, in fact, that many schools have even provided them to kids who otherwise would not be able to visit the dentist. Additionally, dental sealants have been applied to the teeth of children with sensory issues or developmental disabilities that make brushing their teeth difficult. A pediatric dentist in Gainesville, VA can apply dental sealants to children when their teeth are new and most vulnerable to decay.

The application process is simple and many insurance policies will cover sealants for children under a certain age. Dental sealants may need to be touched up or reapplied every few years. This is dependent upon the patient's habits. People who chew on ice, eat a lot of sticky food, or grind their teeth may see their sealants wear down more quickly than people with different eating habits.

Those who would like to learn more about dental sealants or would like to schedule an appointment with a dentist in Gainesville, VA, can call Lifetime Smiles at (571)248-0700.

About Lifetime Smiles

Dr. Sina Reangber is recognized as one of the top dentists in Northern Virginia. She graduated with honors from Virginia Commonwealth University before obtaining her doctoral degree in dentistry from Howard University. In addition to providing impeccable dental services to her patients, she has been featured on the television show, TOP Doctors ? A NEW ME Medical Interviews.

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For more information about Lifetime Smiles, contact the company here: Lifetime Smiles Dr. Sina Reangber (571) 248-0700 rahim.mansur@gmail.com 5391 Merchants Square, Haymarket, VA 20169

Lifetime Smiles

Nothing beats a beautiful smile, and that's why our team at Lifetime Smiles never wavers on its role of ensuring that you receive personalized services in a welcoming environment.

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