

Keep the Fat Away after Liposuction, says Surgeon

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New York, New York, July 7, 2017 - There are many patients seeking liposuction in Manhattan and those patients want the amazing results of their procedure to last. Dr. Daniel Kaufman says that many patients find themselves looking and feeling younger and want to be able to maintain their newfound energy for as long as possible.

The good news, he says, is the fat cells that are reduced by a liposuction do not return. However, fat cells in other parts of the body can expand and cause other parts of the body to look unsightly. Dr. Kaufman states that regular exercise and a good diet are necessary to keep the results of liposuction or a tummy tuck in Manhattan.

Leading a healthy life is the best way to improve one?s overall quality of life and it makes the leaner look acquired from liposuction easier to maintain, explains Dr. Kaufman. If there are other parts of a patient?s body that he or she feel could benefit from additional liposuction, that is always an option after they have recovered from the original procedure.

Whether considering breast augmentation or an abdominoplasty in Manhattan, an appointment with Dr. Daniel Kaufman can set up with the perfect treatment plan. Call (212)444-9095 to schedule a consultation or

to ask any other questions regarding cosmetic surgery.

About Discreet Plastic Surgery

Dr. Daniel Kaufman is the board certified plastic surgeon who is also the founder and medical director of Discreet Plastic Surgery. He graduated Cum Laude from Binghamton University before earning his M.D. at the State University of New York ? Downstate Medical Center. He also holds a Master of Science degree in Biomedical Engineering from the Polytechnic Institute of New York and his patients benefit from his knowledge of cutting edge technology that allows him to provide them with excellent care while delivering the results they need.

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For more information about Discreet Plastic Surgery, contact the company here:Discreet Plastic SurgeryDr. Daniel Kaufman(718) 705-4251info@discreetplasticsurgery.comDiscreet Plastic Surgery2120 Ocean AveBrooklyn, NY 11229

Discreet Plastic Surgery

Discreet Plastic Surgery, PC, has offices located on Manhattan?s Upper East Side and Brooklyn?s Midwood neighborhoods. The Brooklyn office is fully accredited by the American Association for Accreditation of Ambulatory Surgery Facilities, Inc. (AAAASF)

Website: http://discreetplasticsurgery.com/

Email: info@discreetplasticsurgery.com

Phone: (718) 705-4251

