WBV Machines To Shake Up ANMA Convention

August 18, 2017

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Vibrate Fitness, from South Pasadena, CA, is proud to announce that they will be exhibiting for the first time at the American Naturopathic Medical Association (ANMA) Convention 2017 in Las Vegas, NV. Here, they will introduce the whole body vibration (WBV) platforms for exercise and therapy to naturopaths, Oriental medicine doctors, acupuncturists, and other therapists. The technology of WBV platforms is well-known in Europe, where it has been used for over 20 years. American health care professionals are now learning about the affordable benefits for themselves and their patients. More details are available on the website at VibrateFitness.com.

Nils Vidstrand from Vibrate Fitness says: "Developed for the space program nearly 40 years ago, vibration plates are now available for home and office. Worldwide research confirms the many benefits that are unique to using these machines, including improved circulation, burned calories, lost weight, increased heart strength and stamina, pain and muscle tension relief, better balance and flexibility, drained lymph nodes, improved digestion, greater bone density, and relief of arthritis. We will discuss all of this at the next ANMA convention in August."

Vibrate Fitness attends events across the country regularly to highlight the benefits of vibration machines, available for both home and office settings. A full list of the events they attend are available on their website

at www.vibratefitness.com/events/. In those events, they present their findings and tools to medical professionals, and also to fitness enthusiasts. Furthermore, they share testimonials from their many happy clients, who have experienced these benefits firsthand. The ANMA event will take place August 25 to 27 and Vidstrand and his team are very excited about it.

At the event, Vibrate Fitness will extensively discuss the available research on vibration machines, including its scientific origins, and the available case studies. Furthermore, they will explain the known health cautions associated with these machines, as well as various hints and tips on how to get the most out of the devices. They hope that this event will encourage more health care practitioners to add vibration fitness to their treatment options.

Those interested can visit the Vibrate Fitness website or the ANMA website at www.anma.org/2017-convention.html for more information.

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Vibrate Fitness

VibrateFitness offers one of the most efficient forms of exercise today: whole body vibration machines for the home and office.

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