



PERFECT NAIL SOLUTION

Perfect Nail Solutions Releases New Information on Using Garlic for Treating Toenail Infections

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Perfect Nail Solution in Irwindale, California, has released new information regarding the effectiveness of garlic as a natural toenail fungus treatment.

Nail onychomycosis is a type of fungal infection that can be painful, unsightly and very difficult to get rid of. According to Allen Chong, a spokesperson at Perfect Nail Solutions, "Natural treatments or treatments using natural ingredients are very effective in treating toenail infections. Sometimes more so than over the counter medicines available for treating the same."

The use of garlic for treating fungal infections is a folk remedy, and it is often the only effective treatment for fungus trapped in hard to reach areas, such as under the nail bed. Typical treatments provided by doctors are less effective as they are unable to penetrate the nail bed.

The main compound with antibacterial properties found in garlic is allicin. Allicin is actually formed when garlic bulbs are crushed, which triggers the conversion of alliin in the garlic to allicin. Allicin is also responsible for the distinctive odor of garlic. Allicin may also be able to be effective against some parasites.

It has been found that dosages of allicin that's equivalent to concentrations of 600 mcg per mL can be used for treating all kinds of bacterial infections. Whole garlic cloves, crushed garlic, garlic oil or garlic powder can be used for treating toenail fungus. If the fungal growth is in the initial stage, placing garlic cloves in the toe area of one's feet with socks and worn overnight can help in curbing the infection. Crushed garlic can be applied on the infected toenail, and washed after 30 minutes.

Garlic powder can be dusted on toenail fungus just as one would dust an antifungal powder. One can even apply garlic oil (homemade or store bought) to the infected area every night till the infection is eliminated. Continuing the usage of garlic for 2-3 weeks after the infection is cured will discourage reoccurring.

Perfect Nail Solution has developed a unique 2 step fungal treatment for toenail infections that is made using pure essential oils. To learn more about the product, visit Perfect Nail Solution's official website or check out its storefront at the Amazon Marketplace.

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For more information about Perfect Nail Solution, contact the company here: Perfect Nail Solution
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Perfect Nail Solution

Perfect Nail Solution is a brand owned by Unico Enterprises, a Irwindale, CA-based company dedicated to providing premium beauty and grooming products.

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