



Dr. Preece Posts New Blog Warning of the Dangers of Sports and Energy Drinks

September 13, 2017

September 13, 2017 - PRESSADVANTAGE -

Anchorage, Alaska - Sports drinks and energy drinks are incredibly popular. While many people are turning to them to recover after a workout or to get a little pick-me-up during the day, an Anchorage dentist recently posted a blog which suggests that they could cause damage to one's teeth.

Dr. Terry Preece says that many of his patients are aware of the damage drinks like soda, wine, and coffee can do to their teeth, but not as many are concerned about the damage that could occur from drinking sports and energy drinks too often. He hopes that his new blog will raise awareness and help his readers take better care of their teeth.

The blog explains that these drinks can still damage tooth enamel since they are high in sugar and acid. It lists the concerns presented by excessive consumption of certain drinks as well as ideas for tooth care after ingesting them.

Taking care of one's teeth is an important part of one's overall health says Dr. Preece, a dentist in Anchorage, and he hopes to make this practice a little bit easier for his readers by giving them some pointers

that will help guide them along in the process.

Dr. Terry Preece is a dentist in Anchorage, AK who can help plan the best treatment for dental concerns from cavities to teeth whitening. He has a long history of caring for patients in Alaska and taking their personal needs into consideration.

About Healthy Family Dental

Dr. Terry Preece established Healthy Family Dental in 2010 after spending two years as the only dentist on the island of Wrangell in Southeast Alaska. Prior to that he practiced dentistry in Layton, Utah for nearly thirty years. He is a graduate of the University of Washington School of Dentistry and a member of the American Academy of Cosmetic Dentistry, American Dental Association, Alaska Dental Society, and Anchorage Dental Society.

###

For more information about Trade Reviews, contact the company here: Trade Reviews Steve Young 858-633-0561 steve@tradereviews.com 4241 Jutland Dr. San Diego, CA 92117

Trade Reviews

Trade Reviews is a private membership where business owners can work together to ethically represent their online reputation and not fall victim to the review filters of the major online directories.

Website: <http://www.tradereviews.com>

Email: steve@tradereviews.com

Phone: 858-633-0561



Powered by PressAdvantage.com