



Dentist Posts New Blog Explaining Why Parents Should Wean Their Children off of Pacifiers at an Early Age

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Gainesville, Virginia - Dr. Sina Reangber, a dentist in Gainesville, Virginia, recently published a new blog post that discusses the damage thumb-sucking and pacifiers can do to a child's teeth. She hopes that by offering a list of the dangers presented by pacifiers and thumb-sucking, she can save her patients and other readers the pain of dealing with dental problems in the future.

Dr. Reangber notes that many parents turn to parenting sites and the advice of family and friends when considering the appropriate time for weaning their child off of a pacifier, but the advice of their dentist may have greater weight. Her latest post aims to inform her readers in such a way that they are better prepared to deal with this issue.

The pediatric dentist in Gainesville also offers some suggestions on methods of helping a child break the habit of thumb-sucking. She states that simply presenting the dangers in her blog would not be helpful without providing tips as to how to correct the behavior.

In her blog, Dr. Reangber is quick to note that it is not easy to teach a child to stop sucking on a pacifier or on

his or her thumb, but the dental benefits of helping them quit early are considerable. She hopes that raising awareness of the issues will help motivate some of her patients to take action.

If it's time to learn more about oral hygiene or to schedule an appointment with a Gainesville, VA dentist, call Lifetime Smiles.

About Lifetime Smiles

Dr. Sina Reangber is recognized as one of the top dentists in Northern Virginia. She graduated with honors from Virginia Commonwealth University before obtaining her doctoral degree in dentistry from Howard University. In addition to providing impeccable dental services to her patients, she has been featured on the television show, Top Doctors ? A New Me Medical Interviews.

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For more information about Lifetime Smiles, contact the company here: Lifetime Smiles Dr. Sina Reangber (571) 248-0700 rahim.mansur@gmail.com 5391 Merchants Square, Haymarket, VA 20169

Lifetime Smiles

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