Public Reviews Indicate That People Are Talking Favorably About San Diego Meal Prep Companies

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Socal FRESH, a business in Temecula, CA, is proud to announce that they have received highly positive San Diego food prep reviews. People in San Diego seem to be committed to eating healthy, using fresh, locally grown, organic product, and this is precisely what Socal FRESH offers. Full details about the company, what they offer, and their philosophy, are available on their website at https://socalfresh.com/.

Cal Ajmal from Socal FRESH says: "We cook with unrefined expeller, pressed heart healthy oils, mineral rich Himalayan pink salt, anti-inflammatory herbs and spices, no white sugar, no dairy, and no white or wheat flowers - ever. What we offer is clean food, organic produce, cooked and delivered. We're very happy to see that our San Diego clients are loving what we do."

Socal FRESH offers a very easy to use meal prep system. Specifically, people can enroll in a weekly meal plan, indicating their protein preferences. If they are unsure, they can try the food that is available as well, so that they can make informed choices. All meals are then delivered either Sunday or Wednesday, depending on the date it was ordered.

"We want to make it simple and easy for people to eat clean, healthy food that positively impacts the local economy as well," adds Cal Ajmal. "We have 100% confidence in the taste and quality of our foods, which is why we encourage people to try our foods before committing to a weekly meal plan. However, we know that you will love it."

It seems that this confidence is not misplaced considering all the positive buzz surrounding the company. On their Facebook page at https://www.facebook.com/socalfreshprep, a variety of positive reviews have been written by happy clients. Kris M., for instance, says: "I have used Socal Fresh since day 1. The food is always fresh, organic and delicious. This is the best thing to keep me on track with my meals. If you are looking for a way to eat healthy and fuel your body with the best food this is the kitchen for you."

People are encouraged to review the food options available to them and see how they can benefit from them.
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SocalFRESH

SoCalFRESH is a family owned and operated business in Southern California. We currently serve south Riverside county, Temecula & Murrieta Valley, and San Diego.

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