

Costa Rica School Of Massage Therapy To Host Rock Tape Workshop

October 19, 2017

October 19, 2017 -

The Cost Rica School of Massage Therapy (CRSMT), which is based in Playa Samara, Costa Rica, has announced that they will be hosting a RockTape workshop. The kinesiotaping workshop will be offered by Dr. Steve Capo, a highly respected sports chiropractor and expert on human movement and functional taping methodology. It will be the first time that the school will offer such a workshop, and the current massage therapy students are very excited about it. Those interested in the event are encouraged to register their interest at http://pxlme.me/DGwdHZEw, and to do so quickly, as the event will take place on October 30th and 31st, 2017.

To ensure more people are able to register their interest in time for the course itself, the CRSMT has also launched their Facebook event, which can be found at http://pxlme.me/gEU4H1l6. So far, many have indicated their interest in participating in the workshop.

Courtney Krenz from CRSMT says: "This course introduces the concept of movement therapy and enhancement via functional taping methods. It includes a review of the current literature supporting the theory of kinesiology taping for the purposes of rehabilitation, edema/swelling management, neuropathic pain, scar

mobility and postural management. FMT Basic is an evidence-informed kinesiology taping course that redefines our understanding of the effects of elastic therapeutic taping on pain mitigation, circulation and proprioception. FMT Basic lays the groundwork for a practical framework of 'taping movement, not muscles' to replace an outdated model focused on directional taping to activate or inhibit muscles."

Dr. Steve Capobianco is highly respected in his field. The CRSMT is very excited to be able to offer one of his workshops and looks forward to developing more partnerships with him.

###

For more information about Costa Rica School Of Massage Therapy, contact the company here:Costa Rica School Of Massage TherapyTammy McGee1-800-770-9893 ext 1info@crsmt.comCostado norte de la plaza de deportesSamara, Nicoya 50205, GTECosta Rica

Costa Rica School Of Massage Therapy

The Costa Rica School of Massage Therapy is the premier study abroad program in the world for Massage Therapy Certification, Yoga Training and Continuing Education!

Website: http://www.crsmt.com

Email: info@crsmt.com

Phone: 1-800-770-9893 ext 1

