



New Blog by Dr. Daniel Kaufman Offers Abdominoplasty Recovery Tips

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New York, New York - Recovering from an abdominoplasty is a lengthy process, but Dr. Kaufman of Discreet Plastic Surgery explains that there are ways to make the recovery period easier. He recently posted a new blog that gives tips to help abdominoplasty patients more comfortable as they heal.

The doctor explains that simple things like rearranging furniture and wearing the right clothing can go a long way in helping patients feel better after surgery. He also offers professional advice on over-the-counter medicine and first aid equipment that can help speed up the recovery.

Dr. Kaufman's blog is meant to educate his readers and prospective patients about cosmetic surgery. This includes offering valuable advice to patients as they heal after a procedure. Knowing how to recover helps the patient get everything in order before they visit the doctor so their home will be ready for them when they return.

More information about a variety of cosmetic procedures can be found on the blog at www.discreetplasticsurgery.com. Those considering cosmetic surgery in Manhattan, can schedule an

appointment with Dr. Daniel Kaufman to get setup with a tailored treatment plan.

ABOUT DISCREET PLASTIC SURGERY

Dr. Daniel Kaufman is the board certified plastic surgeon who is also the founder and medical director of Discreet Plastic Surgery. He graduated Cum Laude from Binghamton University before earning his M.D. at the State University of New York ? Downstate Medical Center. He also holds a Master of Science degree in Biomedical Engineering from the Polytechnic Institute of New York and his patients benefit from his knowledge of cutting edge technology that allows him to provide them with excellent care while delivering the results they need.

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For more information about Discreet Plastic Surgery, contact the company here: Discreet Plastic Surgery Dr. Daniel Kaufman (718) 705-4251 info@discreetplasticsurgery.com Discreet Plastic Surgery 2120 Ocean Ave Brooklyn, NY 11229

Discreet Plastic Surgery

Discreet Plastic Surgery, PC, has offices located on Manhattan's Upper East Side and Brooklyn's Midwood neighborhoods. The Brooklyn office is fully accredited by the American Association for Accreditation of Ambulatory Surgery Facilities, Inc. (AAAASF)

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