



New Blog by Dr. Kappel Offers Advice for Protecting One's Skin in the Winter

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Newport Beach, California - Many patients come to the offices of Dr. Stefani T. Kappel seeking to look better and increase their self-esteem. Dr. Kappel is aware of this, but she also wanted to share some advice in her new blog on ways her patients can protect their skin during the winter.

Dr. Kappel notes that even for those who don't spend time in the mountains or in other, colder parts of the country, the winter brings harsh weather in the form of cold winds and weather that dries out the skin. She proceeds to offer advice on keeping the skin healthy during the winter months, including facial cleansing tips.

In her blog at www.stefanikappelmd.com, Dr. Kappel offers a variety of ways people can prepare their skin for the cold, dry winter months. She wants her blog to be a place where people can go to find expert information regarding many of the most common dermatological and cosmetic procedures. Realizing there is a lot of incorrect information circulating on the internet, Dr. Kappel has chosen to share her knowledge with readers using this platform.

Dr. Kappel offers a variety of cosmetic procedures from facial rejuvenation and Botox to lip injections in

Newport Beach. For more information about skincare and cosmetic surgery in Newport Beach, or to set up a consultation or schedule an appointment, call (949)239-0494.

About Stefani T. Kappel, M.D.

Dr. Stefani Kappel is an Orange County native and Newport Beach dermatologist who earned her medical degree from UC Irvine and completed her residency in dermatology at UCLA. After that, she became a full-time faculty member at UCLA as a Clinical Instructor and Professor in Dermatology and Dermatologic Surgery. Her expertise is in include cosmetic dermatology with a focus on injectable neuromodulators (Botox, Dysport, Xeomin), as well as dermal fillers (Juvederm, Voluma, Volbella, Vollure, Sculptra, Restylane, Belotero, and Radiesse) and she is dedicated to treating and removing signs of photo-aging.

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For more information about Stefani Kappel MD, contact the company here: Stefani Kappel MD Dr. Stefani Kappel (949) 239-0494 info@stefanikappelmd.com 1441 Avocado Ave, Ste 203B Newport Beach, CA 92660

Stefani Kappel MD

Dr. Kappel's areas of expertise include cosmetic dermatology, body contouring and Mohs Micrographic Surgery.

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