



## **Sovereign Education Media Releases Book On How To Declutter Your Home & Work Space**

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Sovereign Education Media is a digital publishing house in Chicago, IL that aims to provide people with reading material that is both entertaining and educational. They are proud to announce that a second section of one of their most popular books, the Declutter Guide, has now been released. The second section is titled "Declutter Your Home & Work Space" and provides a step by step guide to start eliminating clutter in the home and at work, as well as tips to help people start that journey.

The spokesperson for Sovereign Education Media, Stacey Towson, says: "The Declutter Guide by Ariel Benet Savant helps people to organize their life. In fact, the book helps people achieve that in no more than two weeks. It looks at all the important elements of clutter - why people have it, what it means, what it does to their life - and delves into how to get rid of it. This is a must-read for anyone looking at being more organized in their life."

Since having been released, the second section of the book has already received numerous positive reviews on Amazon, through where it is available. Dano M. says: "Top notch book. This is the first book on clutter that I have read that touched on digital clutter which got me to finally clean up." Meanwhile, Sarah M. says:

"Awesome guide. I will be using these techniques for years to come." Finally, Nirose says: "Good points to start recognizing the clutter and then declutter."

Ariel Benet Savant is a popular author who has written a number of other self-help guides, which are also available through Sovereign Education Media. Another one of her highly popular books is "Feeling Good Now - How to Be Happy and Find Inner Peace in 30 Days," which has proven to be equally popular. Both books work together to help individuals reduce stress, anxiety, and to achieve balance in their life.

"Ariel's books are perfect for anybody," adds Stacey Towson. "Whether it is the busy executive who doesn't have any family time or the stay at home parent who wants the home to be more harmonious, everybody can benefit from Ariel's hints and tips. After you've read all two of her books, you will have greater clarity, have an arsenal of techniques to help you relax, and feel more accomplished."

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### **Sovereign Education Media**

*Sovereign Education Media is a small press publishing committed to bringing together talented authors and dedicated team members to set the standard of excellence for today's diverse readership.*

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