Cutting Edge Exercise Technology To Be Showcased At Conscious Life Expo

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Vibrate Fitness, a business in South Pasadena, CA, is proud to announce that they will have a booth at the Conscious Life Expo. The expo will take place between February 9 and 11, 2018. There, the company will demonstrate and market their vibration platform exercise machines. More details about this are available at https://www.vibratefitness.com/conscious-life-expo/.

Nils Vidstrand from Vibrate Fitness says: "At the Expo we bring together people, ideas, products and possibilities during a jam-packed four days to feast the mind and body, deepening our connection to the spirit. Vibrate Fitness is introducing cutting-edge exercise technology to advance health and save time in our busy modern lives. We're offering the use of a vibration platform for just 10 minutes to strengthen the body. It doesn't get any easier or more efficient than this and besides, it feels really good."

The company has announced that they have been allocated booth 107. As shown on https://www.vibratefitness.com, people who attend will be able to try out the vibration platform for themselves, providing some relief for their aching backs and tired legs. Nils Vidstrand adds: "Come visit us so you can get some relief and feel ready to walk around the Expo for a few more hours."

The Conscious Life Expo has been running for 16 years. It is the place to be to find out about new technology in spirituality, consciousness, alternative health, and cultural developments. Some 200 different exhibitors are due to attend the 2018 expo, as well as 11 keynote speakers. There will also be over 200 workshops, 16 post-conference workships, and nine panel discussions, offering something for everybody. Nils Vidstrand says: "There will even be a Film Festival, a Programa Hispano, and a Permaculture Program. This year's Expo is not to be missed. There is so much to seen and do that we recommend you take a look at the schedule before you go, so you can determine what you want to see and do."

More details about the Expo, as well as a program of workshops, stalls, events, and more, are available through the Expo's website, as well as through the Vibrate Fitness website.

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For more information about Vibrate Fitness, contact the company here:Vibrate FitnessNils Vidstrand323-222-1787info@vibratefitness.com1107 Fair Oaks Avenue #324South Pasadena, CA 91030

Vibrate Fitness

VibrateFitness offers one of the most efficient forms of exercise today: whole body vibration machines for the home and office.

Website: http://www.vibratefitness.com

Email: info@vibratefitness.com

Phone: 323-222-1787

