

# The Strategic Edge's New Training Shows How Questioning Style Determines Quality Answers

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The Strategic Edge, a business established by Meredith Gardner, Ph.D., in New York, NY, provides in-house corporate training to leaders and managers. They have now announced the development of a new training program that focuses particularly on questioning style and its impact of the quality of the answers received. For CIOs and IT departments in need of such training programs, they can visit <http://www.strategic-cio-solutions.com>.

Meredith Gardner, Ph.D. explains: "It's what you were encouraged to do in class and what you use in everyday situations to get you by. It's what you do to banish confusion, protect yourself, and be all you can be. Asking questions is the answer.

Asking questions - how, what, where, when, why - is vital to banish confusion and to enable people to communicate with each other more clearly. According to Gardner, there are zero disadvantages to asking questions and to questioning everything. This is something children do naturally, with all parents knowing about the dreaded 'why-phase', and Gardner feels that this is what people should get back in touch with. Those who need more information can visit the company website at <http://www.strategic-edge.com>.

She adds: "Though it's been proven that it is easier to learn at a younger age, it doesn't mean that you should give up as you get older. Surely there has to be something you come across every single day that you are confused about or are interested in."

The training will address how asking questions fosters creativity and critical thinking skills, helps advancement, increases knowledge, aids memory, helps to find new ideas and information, helps improve decision-making abilities, and helps to identify the unknown. Furthermore, it helps to protect people from false claims. According to Gardner: "It doesn't just happen in the news. Commercials and businesses have been known to come out with false claims. Thus, magazines, product labels, and even advertising on anything should be questioned."

Those interested in learning the training programs and how Meredith Gardner can help are encouraged to examine her experience and expertise through her LinkedIn page at <http://linkedin.com/in/meredithgardnerphd>. Further details are highlighted on the Strategic Edge website, where people can also book a training program.

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## **The Strategic Edge**

*The Strategic Edge is an Interpersonal Communication Company. Meredith Gardner, Ph.D., is a noted behavioral psychologist, author, speaker & media guest.*

*Services:*

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