


# New Blog by Dr. Daniel Kaufman Offers Advice on Planning a Mommy Makeover after Pregnancy

*March 15, 2018*

March 15, 2018 -
New York, New York - Many women come to see Dr. Kaufman of Discreet Plastic Surgery for a mommy makeover after giving birth. He understands that there are a lot of decisions to be made when planning a mommy makeover and has dedicated his most recent blog post to helping his patients through the process.

The cosmetic surgeon explains that choosing mommy makeovers can include any combination of a tummy tuck, liposuction, and breast enhancement procedures like breast lifts, breast implants, and breast reduction. There is a lot to consider, but a visit with one?s plastic surgeon for a consultation can make it a lot easier to identify what problem areas one really wants to address. His blog offers questions to ask a surgeon and advice for choosing realistic goals.

Dr. Kaufman?s blog is meant to educate his readers and prospective patients about cosmetic surgery. This includes offering valuable advice to patients as they heal after a procedure. Knowing how to recover helps the patient get everything in order before they visit the doctor so their home will be ready for them when they return.

More information about a variety of cosmetic procedures can be found on the blog at www.discreetplasticsurgery.com. Those considering cosmetic surgery in Manhattan, can schedule an appointment with Dr. Daniel Kaufman to get setup with a tailored treatment plan.

ABOUT DISCREET PLASTIC SURGERY

Dr. Daniel Kaufman is the board certified plastic surgeon who is also the founder and medical director of Discreet Plastic Surgery. He graduated Cum Laude from Binghamton University before earning his M.D. at the State University of New York ? Downstate Medical Center. He also holds a Master of Science degree in Biomedical Engineering from the Polytechnic Institute of New York and his patients benefit from his knowledge of cutting edge technology that allows him to provide them with excellent care while delivering the results they need.

###

For more information about Discreet Plastic Surgery, contact the company here:Discreet Plastic SurgeryDr. Daniel Kaufman(718) 705-4251info@discreetplasticsurgery.comDiscreet Plastic Surgery2120 Ocean AveBrooklyn, NY 11229

**Discreet Plastic Surgery**

*Discreet Plastic Surgery, PC, has offices located on Manhattan?s Upper East Side and Brooklyn?s Midwood neighborhoods. The Brooklyn office is fully accredited by the American Association for Accreditation of Ambulatory Surgery Facilities, Inc. (AAAASF)*

Website: http://discreetplasticsurgery.com/

Email: info@discreetplasticsurgery.com

Phone: (718) 705-4251