



New Blog from Dr. Michelle Sandler Offers Advice on Preventing Periodontitis

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Solana Beach, California - Dr. Michelle Sandler of Solana Family Dental notes that periodontitis affects approximately 65 million people in the U.S. and is the leading cause of tooth loss in the country. As a result, Dr. Sandler of Solana Family Dental recently posted a blog educating his readers on how to prevent periodontitis.

The blog further explains that periodontitis is the advanced stage of gum disease that can cause permanent damage to your gums and mouth. This disease also has been linked to other serious ailments including cardiac disease, strokes, diabetes, and more.

The dentist dedicates her blog at www.solanafamilydental.com to explaining important aspects of oral hygiene to her patients and readers so they can be more informed when they visit her office. This week's post is aimed at making sure more people get the right amount of fluoride to help maintain healthy teeth.

In addition to explaining how to fight periodontitis, the dentist also suggests additional products and treatments that can help patients get additional fluoride to help their teeth fight decay. Dr. Sandler realizes

that many people are afraid of the dentist because of fear of the unknown and hopes to use her blog to spread knowledge and hopefully ease concerns of patients when they go to the dentist.

To schedule an appointment or consultation with an award winning dentist in the Del Mar area, contact Solana Family Dental.

ABOUT SOLANA FAMILY DENTAL

Solana Family Dental is a mother-daughter team consisting of Dr. Sandler and Dr. Kauffman. Both have been named Top Dentist in San Diego multiple times by San Diego Magazine and they are dedicated to improving their patients' smiles using state of the art techniques. They proudly offer alternative techniques for procedures to make sure that each patient gets the comprehensive and comfortable care they deserve.

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For more information about Solana Family Dental, contact the company here: Solana Family Dental Elan Weinstein 858-869-1367 elan@increaseyourprofits.com 665 San Rodolfo Dr. #117 Solana Beach, CA 92075

Solana Family Dental

Dr. Sandler and Dr. Kauffman are a mother and a daughter team who have come together in a partnership to offer you the highest quality dental services to achieve that healthy smile.

Website: <http://solanabeachdentistry.com/>

Email: elan@increaseyourprofits.com

Phone: 858-869-1367



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