



## **Costa Rica School Of Massage Therapy Launches Continuing Education Retreat**

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The Costa Rica School of Massage Therapy (CRSMT), based in Samara, Costa Rica, is proud to announce that they have launched a continuing education credit (CEU) retreat for massage therapists. The retreat has been approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) and it is also open to caregivers. This is the first CEU retreat of its kind to be offered in the world. People are encouraged to visit <https://crsmt.com/continuing-education-retreat-massage-therapists/> for details or to book a slot in the retreat.

Vickie Torrey from CRSMT says: "Journey back to yourself, in a five-day Oncology Massage and Caregivers' Retreat, that's waiting for you here, in the tropical paradise of Costa Rica. As a bodyworker, you can enhance your skills and expand your knowledge on how and when to compassionately touch persons experiencing cancer and other life-altering health conditions. As a family caregiver you will learn simple integrative touch therapies that you can use with confidence and ease for your loved ones and yourself."

The first retreat will take place on July 14 to July 21, 2018. It is an adventure retreat that focuses on the ongoing care that family caregivers and bodyworkers give to others. It enables participants to celebrate who

they are, taking part in grounding exercises, gaining vital self-care tips, and take part in various transformative quests. Tammy McGee continues: "You will journey into the core of your soul, while also enjoying quiet moments of deep solitude, as well as thrilling Costa Rican escapades into the beauty of this tropical wonderland."

The course offers 25 hours of NCBTMB approved CEU. There are no prerequisites for participation. In fact, the course, which is delivered by licensed massage and bodywork therapist, Vickie Torrey, MBA, MHA, LMBT, is open to all. Even those with no massage experience can participate. Meanwhile, licensed therapists can use the 25 CEU hours when renewing their license.

The course will take place in the beautiful Playa Samara, Costa Rica, where simple accommodation is available on the beach. It offers the perfect relaxing atmosphere needed to support the outcomes of the course and encourage people to focus on themselves and their own care.

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For more information about Costa Rica School Of Massage Therapy, contact the company here: Costa Rica School Of Massage Therapy Tammy McGee 1-800-770-9893 ext 1 info@crsmt.com Costado norte de la plaza de deportes Samara, Nicoya 50205, GTE Costa Rica

## **Costa Rica School Of Massage Therapy**

*The Costa Rica School of Massage Therapy is the premier study abroad program in the world for Massage Therapy Certification, Yoga Training and Continuing Education!*

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