



Friday Harbor Wellness Launches With A Brand New Website

May 30, 2018

May 30, 2018 - PRESSADVANTAGE -

Friday Harbor Physiotherapy & Wellness, the island's new manual therapy, personal training, and health coaching provider, is celebrating its inception with an open house on Saturday, June 15th from 11 am to 4 pm. It will be held at their natural movement gym and wellness studio at 156 Moonlight Drive off of Bailor Hill Road. All are welcome!

To mark the occasion, Friday Harbor Physiotherapy & Wellness will be offering free stretching and natural movement classes, personal injury assessments, and healthy refreshments with recipes throughout the day. All in attendance will receive a coupon for 50% off their first service. The new business currently offers manual physical therapy, natural movement training, and health coaching with an emphasis in the prevention and remediation of neurodegenerative disease.

In addition to doing house-calls, Friday Harbor Physiotherapy & Wellness is unique in that it offers direct access care, meaning no physician's referral is required.

Says co-owner, Chris Havel, whose career as a physical therapist spans over two decades: "We moved to

the island a little over two years ago and have really grown to love this community. This business is our way of investing in the lives of our island neighbors.?

Friday Harbor Physiotherapy & Wellness offers free phone consults. They can be contacted at (360) 622-9141. For further details or to schedule an appointment, visit their new website at <https://fridayharborwellness.com>.

###

For more information about Friday Harbor Wellness, contact the company here: Friday Harbor Wellness Chris Havel (360) 622-9141 info@fridayharborwellness.com 156 Moonlight Drive Friday Harbor, WA 98250

Friday Harbor Wellness

Our services are geared towards promoting, restoring, and maintaining the overall health and wellness of each individual in our care. We have an in-door natural movement gym, a wellness studio, and 6.5 acres of outdoor natural movement space.

Email: info@fridayharborwellness.com

Phone: (360) 622-9141



Powered by PressAdvantage.com