

# **New Blog by Baltimore Plastic and Cosmetic Surgery Center Offers Tips for Recovering from a Mommy Makeover**

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Baltimore, MD - In a recent blog post, Dr. Schreiber of Baltimore Plastic and Cosmetic Surgery Center suggests a few things to keep in mind when recovering from a mommy makeover. He explains that many new mothers are so eager to get their pre-pregnancy body back that they do not properly prepare for recovery.

The blog is meant to tell readers that it is important to enlist help during the recovery period and not to rush back into one's daily routine. It goes on further to suggest ways to prepare the home for a recovering patient. The staff at Baltimore Plastic and Cosmetic Surgery Center hope that knowing important pieces of information like this will help patients get the best results from their procedures and recover as easily as possible.

Dr. Schreiber uses his platform on <http://www.baltimoreplasticsurgery.com> to educate the public about recent advances in plastic and cosmetic surgery. He explains that while there is a lot of information on the internet concerning cosmetic procedures, not all of it is reliable and he wanted to add the point of view of a professional to help guide his patients.

Dr. Jeffrey Schreiber performs everything from breast augmentation to facial rejuvenation in Baltimore. Anyone with questions regarding cosmetic surgery, including a facelift in Baltimore, or who would like to schedule a consultation can contact Baltimore Plastic Surgery.

About Baltimore Plastic Surgery:

Dr. Jeffrey Schreiber is an award-winning plastic surgeon at Baltimore Plastic Surgery. He received his B.A.

in Biology as well as his MD at the University of Missouri-Kansas City where he was also a Phi Kappa Phi Honor Society member. A general surgery internship at Johns Hopkins Hospital brought him to Baltimore. Later, he had an integrated general surgery and plastic surgery residency at Johns Hopkins Hospital and University of Maryland plastic surgery program. He has written numerous articles and was awarded an Upjohn for clinical research.

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For more information about BALTIMORE PLASTIC AND COSMETIC SURGERY CENTER, contact the company here: BALTIMORE PLASTIC AND COSMETIC SURGERY CENTER Dr. Jeffrey Schreiber 410-205-1846 doctor@baltimoreplasticsurgery.com Baltimore Plastic and Cosmetic Surgery Center 10807 Falls Rd #101 Lutherville-Timonium, MD 21093

## **BALTIMORE PLASTIC AND COSMETIC SURGERY CENTER**

*Welcome to the office of plastic surgeon Baltimore, Dr. Jeffrey Schreiber!*

*Dr. Schreiber specializes in the latest cosmetic surgery techniques of the face, breasts, and body.*

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