## New Blog by Baltimore Plastic and Cosmetic Surgery Center Explains When It Is Safe to Have a Tummy Tuck After a C-Section

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Baltimore, MD - In a recent blog post, Dr. Schreiber of Baltimore Plastic and Cosmetic Surgery Center discusses tummy tucks and how long a woman should wait to have a tummy tuck following a C-section. He explains that many new mothers are so eager to get their pre-pregnancy body back that they do not safely consider the amount of time needed to recover from childbirth before undergoing cosmetic procedures.

The blog tells readers that it is important to wait at least six to twelve months after a C-section before having a tummy tuck. It goes on further to suggest ways a woman who just gave birth can prepare her body for cosmetic surgery. The doctors at Baltimore Plastic and Cosmetic Surgery Center hope that knowing important pieces of information like this will help patients get the best results from their procedures and recover as easily as possible.

Dr. Schreiber uses his platform on http://www.baltimoreplasticsurgery.com to educate the public about recent advances in plastic and cosmetic surgery. He explains that while there is a lot of information on the internet concerning cosmetic procedures, not all of it is reliable and he wanted to add the point of view of a professional to help guide his patients.

Dr. Jeffrey Schreiber performs everything from breast augmentation to facial rejuvenation in Baltimore. Anyone with questions regarding cosmetic surgery, including a facelift in Baltimore, or who would like to schedule a consultation can contact Baltimore Plastic Surgery.

**About Baltimore Plastic Surgery** 

Dr. Jeffrey Schreiber is an award-winning plastic surgeon at Baltimore Plastic Surgery. He received his B.A.

in Biology as well as his MD at the University of Missouri-Kansas City where he was also a Phi Kappa Phi Honor Society member. A general surgery internship at Johns Hopkins Hospital brought him to Baltimore. Later, he had an integrated general surgery and plastic surgery residency at Johns Hopkins Hospital and University of Maryland plastic surgery program. He has written numerous articles and was awarded an Upjohn for clinical research.

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For more information about BALTIMORE PLASTIC AND COSMETIC SURGERY CENTER, contact the company here:BALTIMORE PLASTIC AND COSMETIC SURGERY CENTERDr. Jeffrey Schreiber410-205-1846doctor@baltimoreplasticsurgery.com Baltimore Plastic and Cosmetic Surgery Center 10807 Falls Rd #101 Lutherville-Timonium, MD 21093

## **BALTIMORE PLASTIC AND COSMETIC SURGERY CENTER**

Welcome to the office of plastic surgeon Baltimore, Dr. Jeffrey Schreiber!

Dr. Schreiber specializes in the latest cosmetic surgery techniques of the face, breasts, and body.

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