



## **MUUV Yoga Boise Launches Special 1st Week Free Offer**

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MUUV Yoga Boise, a popular yoga studio in Boise, Idaho, has announced that they now offer new visitors free 7 days unlimited classes. This is designed to allow them to try the studio's unique yoga and MUUV experience in the treehouse studio overlooking the Boise river.

Mikayla Latta from MUUV Yoga Boise says: "We love to welcome new people to our beautiful studio give them the opportunity to find out exactly what we are about and what

MUUV yoga classes are like. This is why we are excited to offer this free 7 day pass so that they can experience what it feels like to do the yoga exercises."

Those who receive the 1st week free will be able to enjoy all the different classes that the studio offers. These include the Power Party Sculpt, Vinyasa Flow, Restorative Yoga, Sunday Flow, and Yoga Nindra. Each of these classes have different benefits for the mind, body, and soul and are highly popular with the yoga studio's many existing members.

The popularity of the studio is highlighted by the many positive reviews that it has received. Rita R., for instance, says on the yoga studio's Facebook page: "I've been going to MUUV for a couple of months and absolutely love Jenni. Her energy, positive attitude, and love of yoga is felt in every single class. She is in tune with every single person and even anticipates your limitations and suggests modifications. I've really noticed how much strength and flexibility I've already gained. Love this studio." And Teresa M. shared this review on Google: "This studio is warm and inviting. The instructors are passionate, kind and most importantly educated. This glass lined, wood floored space over the river always leaves you full of peace and beauty. Thank you!"

The yoga studio aims to introduce people to the MUUV Experience. Mikayla Latta explains: "We believe in healthy movement, physical strength, energy, emotional well being, and community. We offer all of that in our treehouse with beautiful windows so people can see the flow of the Boise river at the same time. Take note that flowing water has important healing effects."

People are further encouraged to view the studio's Facebook & Events page. Regular yoga events are available so that both new and existing members can join. Those who have taken advantage of the free seven day pass may also attend those events.

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For more information about MUUV Yoga Boise , contact the company here: MUUV Yoga Boise Mikayla Latta (208) 440-8307 info@muuvyogaboise.com MUUV Yoga Boise 753 South Walnut Street Boise, ID 83712

## **MUUV Yoga Boise**

*MUUV Yoga Boise is a yoga studio located on the Boise River offering; Yoga classes, private yoga classes, workshops, Pilates Reformer classes, dance classes.*

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