Medscape Controversial Chiropractic Treatment Report: It is time for Chiropractic to take its rightful place in the healthcare system

June 26, 2018

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Phoenix Arizona - Arizona Association of Chiropractic president elect Dr. Trever Penny stated today, ?I am very encouraged that medical authority sites are starting to favorably report on the efficacy of chiropractic management for the care of low back and neck pain.?

In making the statement, Dr. Penny referred to a Medscape ?Morning Report? video and article released June 21, 2018. That video and article declared, ?With as many as one in five adults suffering from low back pain it is imperative we find non drug options to relieve this disabling condition.? Dr. Penny added, ?The Medscape article was very timely considering the Opioid crisis that the United States is currently experiencing.?

The Medscape article documented an American College of Physicians recommendation that spinal manipulation is an option for back pain - especially lower back pain. The article questioned, ?Could Chiropractic management be deemed helpful in a trial conducted among a relatively young physically fit group of active duty US service members.?

The Medscape article compared a trial of six weeks of typical medical care combined with chiropractic care versus typical medical care alone. The chiropractic management included spinal manipulation in the lower back, exercise, heat and cold therapy, and other manual treatments. The typical medical care included self-care, medical prescriptions and referrals to physical therapy and interventional pain clinics. The outcomes were determined by using medically accepted self-reported pain intensity and disability forms. The main outcome measures noted that the combined Chiropractic and Medical management was more effective than typical medical care alone. The article also stated that participants who received chiropractic care were also more satisfied with their care than the group that received typical medical care alone.

Dr. Arefa Cassoobhoy, a practicing internist, Medscape advisor, and senior medical director for WebMD

concluded that these findings support the importance of a multidisciplinary approach to successful treatment of low back pain. In agreeing with Dr. Cassoobhy?s findings, Dr.Penny added, ? . . . it is time for Chiropractic to take its rightful place in the healthcare system and to work in tandem with the medical field for the betterment of patient outcomes in Arizona as well as across the United States.?

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Penny Injury Chiropractic

Phoenix Chiropractor is a group of like minded Chiropractors who limit there practice to treating car accident victims, providing pain management and sedative Physical Medicine for frozen shoulder known as Manipulation under anesthesia.

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