

Costa Rica School Of Massage Therapy Offers New Cupping Therapy Workshop

June 28, 2018

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The Costa Rica School of Massage Therapy (CRSMT) has announced its newest continuing education course: cupping therapy. Cupping is a popular new bodywork modality, and this is the first cupping workshop offered in the area. The class has an attendance limit so it is imperative that people sign up early through https://crsmt.com/cupping-therapy-workshop/.

Shannon Gilmartin from CRSMT says: "This cupping therapy workshop is a course that provides a unique approach to therapeutic cupping for today's bodywork professional. While cupping therapies have existed worldwide throughout time, Modern Cupping Therapy offers education in the theory, safety, and practical application of vacuum therapies for the non-invasive (no bleeding or 'wet' cupping), therapeutic usage of cups."

The course will be offered by Shannon Gilmartin, CMT and Stacie Nevelus, LMT, two highly experienced cupping therapists. They have been teaching the technique since 2004. Furthermore, Shannon Gilmartin has recently released her book, 'The Guide to Modern Cupping Therapy: Your Step-by-Step Source for Vacuum Therapy', which stimulated the demand for professional training in this area. Cupping offers clinically proven,

science based results.

"This four day cupping therapy workshop is our full certification program, and provides lots of hands-on practice in each day of class," continues Shannon. "From massage therapists, physical therapists and athletic trainers to acupuncturists, chiropractors, and medical professionals, the workshop allows students to discover the dynamic potential surrounding therapeutic cupping."

Further details about Shannon Gilmartin's book can be found on her website at https://moderncuppingtherapy.com/. Here, she explains the science behind this alternative therapy and how it can benefit those who suffer from inflammation, pain, stress, digestive problems, and circulation issues. Those who have taken part in the courses that she has developed together with Stacie Nevelus have been very happy with their experience. One reviewer states on her website: "Hands down the course was the most informative, fun, interesting and worthy I've taken yet as an LMT. Shannon I can't thank you enough as you made this class."

The course is available for licensed bodywork professionals and provides 28 NCBTMB approved hours of continuing education. For further details and to register, people are encouraged to contact CRSMT.
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For more information about Costa Rica School Of Massage Therapy, contact the company here:Costa Rica School Of Massage TherapyTammy McGee1-800-770-9893 ext 1info@crsmt.comCostado norte de la plaza de deportesSamara, Nicoya 50205, GTECosta Rica

Costa Rica School Of Massage Therapy

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