Good Vibrations at Oneness Loveness Fest in Idaho Falls

July 14, 2018

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Vibrate Fitness from South Pasadena, CA will be offering two different pathways to vibrant health at the Oneness Loveness Fest in Idaho Falls, ID at the Tautphus Park July 27-29th. They will demonstrate vibration platform machines and polychromatic light therapy for a focus on physical fitness, wellness, anti-aging, and pain release.

The festival is bringing together holistic practitioners, speakers and workshops, performers, musicians, and exhibitors from all over the country to make this family event the highlight of the summer. For youngsters' entertainment, a bounce house and kid's area will be available, while everyone can go to a lecture, enjoy a meal, explore their spiritual being, find some summer inspiration with music, and experience the latest in healthy lifestyle trends.

"We're excited to bring two cutting-edge technologies to Idaho Falls so people can experience the benefits for themselves. Vibration machines and polychromatic light therapy make us look more beautiful, get thinner, have the energy for life, think more clearly, be more flexible, release pain and feel younger," said Nils Vidstrand of Vibrate Fitness.

"We can take better care of ourselves and see the results. These vibration platform machines build muscle strength, bone density, increase circulation and lymphatic drainage, in less time and less effort. Compared to conventional exercise or gym workouts: 10-minutes of vibration equals 40-60 minutes on a stationary bike. It's easy on the joints." For more information, go to www.vibratefitness.com/oneness-loveness-fest/.

"We're thrilled to present polychromatic light therapy with an FDA cleared medical device. Various wavelengths of light are emitted via LED light diodes on a pad. The light naturally absorbed by the cells assists in the production of cell energy for repair and regeneration throughout the body. Facialists know about light therapy for beautiful skin and use it in their spas. However, it took a clinical study with Iraq war vets to prove that TBI, traumatic brain injury, could be remedied using light therapy pads. This year PBS television presents a documentary film featuring our company and how light therapy increases circulation and reduces pain in association with chronic physical pain. Visit our other website for more information about this remarkable therapy." www.InLightMedical.com/VioletRay

Visit their booth for an "enlightening" experience at the Oneness Loveness Fest this July and enjoy the long golden days of summer.

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For more information about Vibrate Fitness, contact the company here:Vibrate FitnessNils Vidstrand323-222-1787info@vibratefitness.com1107 Fair Oaks Avenue #324South Pasadena, CA 91030

Vibrate Fitness

VibrateFitness offers one of the most efficient forms of exercise today: whole body vibration machines for the home and office.

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