

Encinitas Chiropractor Moves To New Location With State Of The Art Facilities

July 18, 2018

July 18, 2018 - PRESSADVANTAGE -

K2 Health Center, based in Encinitas, CA, has announced that they have completed their transfer to their new office. The new clinic for the Encinitas chiropractors features state of the art facilities, as well as in house x-rays and cold laser therapy. As one of Encinitas' best known chiropractic clinics, K2 Health Center will be able to further improve the services they offer.

Dr. John B. Kupper, D.C., one of the two chiropractors at K2 Health Center, says: "We are very excited to have moved to our new Encinitas location. We will continue to offer the services we have already been known for, but now with the addition of an x-ray facility and cold laser therapy. In so doing, our clients will be able to access greater health services and feel better in record time."

The center offers a number of specific chiropractic techniques. They offer upper cervical chiropractic care using specialized sound wave technology. In so doing, they are able to properly realign the upper cervical spine, which normalizes neurology, relieves pain, and improves CSF and blood flow, thereby treating a number of conditions. Furthermore, they offer low level laser therapy, which is completely pain free as it is noninvasive. It has been proven to be an effective technique without side effects and has been approved by

the US Food and Drug Administration (FDA).

"Low level laser therapy is used for a variety of different conditions," says Dr. Steven P.A. Keener, D.C., the other chiropractor of K2 Health Center. "That includes chronic neck pain, post-operative pain, should pain, and heel pain related to plantar fasciitis."

Furthermore, the clinic offers sports and therapeutic massage therapy which is the most specialized in the San Diego area. Highly professional, trained, knowledgeable therapists provide this therapy for athletes and those who lead an active lifestyle. Meanwhile, the clinic is now also able to offer post-concussion therapy. Those who have suffered a concussion often experience headaches, chronic pain, nausea, dizziness, and/or memory loss. Dr. Kupper and Dr. Keener have been trained in a variety of techniques that help those who have developed post-concussion neuro-musculoskeletal disorders to recover.

Those who have received treatment at K2 Health Center through the two chiropractors' 'Balance Brain & Spine' services have been very happy with the results of their care. Sally M. McKay, for instance, says on the clinic's Facebook page: "I recovered from sciatica ahead of schedule. I am so amazed. Thank you."

Uniquely, the K2 Health Center also offers help for those who suffer from temporomandibular joint (TMJ) pain, which can be a debilitating condition. The clinic will help to determine the underlying cause of the TMJ pain and find solutions to resolve it. They also believe in holistic care and avoid surgery whenever possible, for which they offer surgery avoidance consultation. Dr. Kupper explains: "We understand that many people are looking for a natural means to avoid risky surgical procedures. Here is an opportunity for us to sit down, look at your case, analyze your imaging, and offer another opinion."

Drs. Kupper and Keener have set themselves the goal of helping the local community become happier and healthier. Thanks to their new location, they will be able to reach far more people, stretching beyond Encinitas. Indeed, they now accept patients from Leucadia, Carlsbad, Cardiff, Solana Beach, Del Mar, and more. All specialists at the clinic are fully trained and are committed to their continuous education, offering the most up to date, relevant, high quality natural health care available.

Dr. Keener continues: "We treat people of all ages and walks of life - everyone from pediatric patients to the elderly. Many patients have responded well to care, including those who have been suffering from the following conditions/symptoms: neck pain, headaches, migraine, low back pain, neuropathy, TMJ pain, knee pain, shoulder pain, fibromyalgia, gastro-intestinal disorders, fatigue, and many others."

The clinic is also committed to being an educational resource to members of the community. They feel that doing so will encourage people to be empowered to make an informed decision when it comes to their healthcare. To achieve this, they release regular blog posts on their website at

<http://k2healthcenter.com/blog/>. This is a resource for all current, past, and prospective patients. Some of the blog posts they have released include one that provides an explanation of concussions and another one on TMJ/TMD. They aim to regularly update their blog to provide further information.

Dr. Keener and Dr. Kupper and the rest of the team at K2 Health Center are very excited about the move. They encourage everyone to visit them for a consultation and to see what the new facility is like. It will also be an opportunity to meet the care team.

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For more information about K2 Health Center, contact the company here: K2 Health Center Dr. Kupper & Dr. Keener (760) 456-9470 info@k2healthcenter.com 317 N. El Camino Real Suite 110 Encinitas, CA 92024

K2 Health Center

Encinitas chiropractors Dr. Kupper and Dr. Keener are well known as the top pain management doctors in Encinitas. They have helped numerous patients with all sorts of issues including upper back and neck pain.

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