



Blooming Lotus Yoga Retreat in Thailand Just Received It's 70th 5-star Review

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Koh Phangan, Thailand ? Yoga. Not every Yoga class is the same. According to TripAdvisor, not every Yoga teacher training school is the same either. That's why students have rated Blooming Lotus Yoga in Kho Phangan, Thailand so highly. Celebrating now it's 70th 5-star Review on TripAdvisor, yoga enthusiasts worldwide have helped make Blooming Lotus Yoga one of Thailand?s best yoga retreat destinations.

"Life transforming retreat in paradise,? states Jodie from Auckland. ?This was truly a life transforming retreat for me. Not only did my yoga practice progress more than I could have hoped, my own personal journey through their guided meditation and teachings was immense. I feel reborn, rejuvenated, grateful, blessed and happy.?

That about sums up what many retreat goers have to say about the special and spiritual Thai experience where they will be taught the spiritual traditions of Yoga, Tantra and Vedanta. But Blooming Lotus Yoga is so much more.

Note what Jess from Sydney stated: ?It's more than just a Thailand yoga retreat.? Jess then continues the 5

Star review by saying, "It's been nearly 6 months and I think about this retreat almost daily. This program re-inspired my daily yoga practice, and helped me understand and cultivate a regular meditation practice. The island itself is incredibly magical and offers a little bit of something for every part of you - from a holistic yoga retreat, delicious food and a space to let go and dance."

The instructors share their profound insight into the benefits reaped from such spiritual practices and how they extend to all facets of life: relationships, confidence, wisdom, compassion, sincerity, love, respect, creativity and insight.

Which is how Elrac from San Francisco summed it up, "A Restorative, Healing Program in Paradise." The reviewer continues to expand on that with how "retreat leaders Francie and Ellanah hold a beautiful, spiritual healing space for their attendees. More than a yoga retreat this is an opportunity to fall in love again with whatever you have lost touch with. Come with an open mind and a sense of adventure and be ready to discover."

www.thailandyoga.net

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Blooming Lotus Yoga Thailand

Blooming Lotus Yoga in Thailand offers yoga teacher training courses, ongoing yoga retreats, and daily classes on the beautiful beaches of Koh Phangan.

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