

# Leg Elevation Pillow May Be Beneficial for Post Surgery Recovery

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Healthy Avenue, the premium healthcare brand based in Australia, is now highlighting the possible effects of leg elevation pillow in improving post-surgery recovery as a part of their new campaign on the uses of elevation pillows.

According to Grant Williamson, spokesperson at Healthy Avenue, "Post-operation pillows gently elevate the leg at a 45-degree angle providing proper leg positioning thus promoting fast recovery and reducing blood pooling. These pillows usually have a sculpted leg channel that holds the leg in place while at rest. It is made of soft, but firm polyurethane foam that helps keep the leg in place throughout the day."

Ordinary leg pillows for sleeping are painfully hard, extremely large, and downright uncomfortable. Leg rest pillows are made with polyurethane foam that gives it a perfect, shape-holding firmness. Carefully engineered for the optimum height, it promotes fast recovery and provides lasting comfort too.

It is well known that misshapen, flat, and bumpy pillows can ruin sleep. This leg rest has been designed for maximum comfort, with a versatile foam wedge pillow that can make insomnia a thing of the past. The perfect option for people looking for a good night's rest, these leg pillows improve circulation for people suffering from leg swelling relief, help with recovery and alleviate the pain of people suffering from back & leg pain.

A cheap foam wedge pillow is prone to falling apart and lose its shape. Healthy Avenue has chosen only the finest materials to ensure that their leg rest pillow holds up and keeps its shape for years to come. It has a machine-washable bamboo cover protects from dirt along with wear and tear, leaving one's space clean while being perfectly suited for speedy recovery.

This post surgery pillow is already proving to be a hit with customers, with one buyer stating, "Gifted this pillow to my mom as she has recently had surgery on her right leg. Her veins weren't circulating well and her foot and ankle were double in size of the left foot by the end of every day and she was in pain. She's only

been using for a few days but she is optimistic that it will help improve her day to day greatly after just a short time." To learn more about Healthy Avenue, visit their Amazon storefront.

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For more information about Healthy Avenue, contact the company here: Healthy Avenue Grant Williamson +61 405106200 ales@healthyavenue.club PO Box 5227 Middle Park VIC 3206 Australia

## **Healthy Avenue**

*Healthy Avenue is a company that creates high-quality healthcare products such as their premier leg rest pillow that is now available on Amazon.*

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