



Dynamic Wellness & Chiropractic In Tampa Florida Helps Car Accident Victims Overcome Pain

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Chiropractic treatment and similar alternative medical techniques can help victims of car accidents recover faster, whether they are suffering from minor injuries or more serious ones.

Around 2.3 million adult drivers and passengers are treated each year due to motor vehicle accidents. And because of how common these injuries are, it is necessary for people to try out other ways to speed up their recovery. Painkillers and surgery aren't enough, especially when someone is dealing with lacerations, broken bones, concussions, and the like.

Chiropractic care involves taking a look at the whole structure of the spine and the entire musculoskeletal system. This allows chiropractors to assess the patient's condition and prioritize areas that need the most attention.

In a regular medical setting, head injuries may be ignored unless they are very severe in favor of treating

cuts, bruises, and broken bones. But head injuries can produce more serious symptoms along the line, and this is what patients should try to avoid.

Alternative treatment methods like spinal adjustments, Active Release Technique (ART) and even hyperbaric oxygen therapy are all receiving more attention because of their effectiveness.

Chiropractic Care is Often Necessary for Victims of Car Accidents. According To Dr. Larry Wilson of Dynamic Wellness & Chiropractic in Tampa FL, "we are able to help people who were involved in a hit and run, car accident, biking accident or tractor trailer accident by involving multiple steps for healing. We treat the joints, muscles and ligaments and not just the bones. We incorporate Hyperbaric Oxygen Chamber Therapy to help speed the recovery of muscles and increase blood flow. We see lots of people who are in need of help after these types of accidents."

Car accidents cause injuries that can hinder one's ability to perform day-to-day responsibilities. This results in lost work time and less productivity, and it also worsens the victim's quality of life overall. Even worse, some of these injuries can actually have long-term effects on a person's health if not treated properly.

Minor accidents can create injuries that are either subtle or delayed. This hides the urgency of the problem and convinces the victim that they do not need immediate medical attention.

This is why chiropractic treatment is necessary. Chiropractors are trained to help patients return to their pre-accident functioning as quickly and as safely as possible. Customized treatment programs are made for each individual patient based on their condition and symptoms. The goal is to decrease pain, increase functioning, and reduce the severity of symptoms.

Beyond whiplash, chiropractors also treat neck pain, headaches, upper back pain, dizziness, loss of range of motion, shoulder pain, physical weakness, and many others. A chiropractor will use techniques such as adjustments, massages, spinal manipulation, and rehabilitative exercises to provide pain relief.

Benefits of Chiropractic Treatment after a Car Accident. The most important reason to visit a chiropractor after a car accident is the fact that many injuries are not always obvious. Broken bones, lacerations, and bruises are immediately apparent and will be treated by first responders. But whiplash and other symptoms don't always occur right away. It is generally not a good idea to ignore these symptoms.

Chiropractors can also reduce inflammation and restore a person's range of motion. These are designed to provide comfort after an accident, so that pain is reduced and the victim can go back to living as if nothing happened.

Patients may appreciate this non-invasive technique because it does not require painkillers and surgery. It reduces scar tissue that may have formed after the accident. Chiropractors can help patients avoid long-term pain.

The Role of Active Release Technique. Some chiropractors will employ a method known as Active Release Technique to "release" soft tissue abnormalities. It helps relieve muscles of tension, reducing pain in the process.

Also known as ART, this type of soft tissue therapy helps relieve tight muscles and nerve trigger points which may have been affected during the accident. The method is similar to deep tissue massage techniques and myofascial release, but they do have their differences.

Just like spinal adjustment, ART works without the use of medications. Instead, it breaks up dense scar tissue known as adhesions by manually applying pressure to the affected areas. This can help address several components related to the formation of scar tissues.

ART can help treat lower back pain, shin splints, carpal tunnel syndrome, tennis elbow, sciatica, and tension headaches.

Hyperbaric Chamber for Car Accident Victims.Hyperbaric oxygen therapy is another option for those seeking alternative treatment methods after a car accident. It is often used to treat symptoms of head injury, but it can also improve a person's circulation while promoting faster healing.

HBOT is a non-invasive way of treating many illnesses and chronic conditions. Common injuries suffered in car accidents are usually treatable with the use of a hyperbaric chamber. When a patient enters a hyperbaric chamber, air pressure is increased in order to introduce more oxygen into the system. This allows the body to better heal and repair itself. This is a natural way to reduce pain and recover faster.

The patient is encouraged to relax and simply rest comfortably inside the chamber while it is filled with more oxygen. This simple method can help patients suffering from whiplash, back pain, neck pain, pulled muscles, and even broken bones.

Recovery takes time. But the process can always be made more efficient through natural methods like chiropractic care, active release techniques, and hyperbaric oxygen therapy. These are alternative treatment options for those who want a natural way of recovering from injuries.

Dynamic Wellness & Chiropractic in Tampa Florida welcomes new patients to experience drug free pain relief.

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Dynamic Wellness & Chiropractic

Dynamic Wellness & Chiropractic is an industry-leading wellness provider in Tampa FL.

Traditional chiropractic coupled W/Active Release Technique & PT related tactics, Dr. Wilson gets incredible results for his patients.

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