

## IV Therapy Toronto Service Provider Dr. Amauri Caversan, ND, Announces Effective Hydration Therapy

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Dr. Amauri Wellness Centre in Toronto, Ontario, has announced an effective new hydration therapy for patients. The wellness centre with Toronto location states that they are now providing direct delivery of nutrients into the bloodstream with IV hydration therapy.

Dr. Amauri Caversan says, "With IV hydration, as soon as your infusion starts, vitamins, minerals, and other nutrients are quickly circulated through your bloodstream and delivered to cells, where they are immediately available for use. Think of IV hydration as a direct deposit system; with IV vitamin therapy, there's no waiting for the nutrients to clear the digestive system and liver. IV hydration treatments contain healthy minerals and vitamins that your body needs such as sodium, magnesium, vitamin C, B, and calcium while helping every cell in your body function properly."

Dr. Amauri Caversan IV Therapy Toronto offers a number of benefits for patients, including fewer side effects compared to other similar treatment options. The doctor states that with intravenous vitamin treatment,

vitamins, minerals, and other nutrients are rapidly introduced into the bloodstream where they can instantly be delivered to the cells throughout the body. The doctor says that studies have shown that this type of therapy avoids the gut and intestines, unlike oral vitamin therapy. With no interaction with the stomach or digestive system, cramps, diarrhea, and nausea that are often common in therapies that involve high doses of certain vitamins and minerals are eliminated.

Dr. Caversan says that there have been a number of studies done that show particular blood or tissue concentrations of specific nutrients that need to be attained before they can be beneficial. For example, Vitamin C is one of these nutrients. Many studies have been done on the effects of Vitamin C against cancer cells and other health aspects and studies have shown conclusively that in order for Vitamin C to really be effective, it needs to be delivered in increased concentrations.

The doctor says that the elevated concentrations of Vitamin C and other minerals and nutrients that are needed in the body in order to effectively fight certain diseases cannot be taken orally. The majority of vitamin and mineral supplements are eliminated because they cannot provide the high doses that are necessary for effective treatment. He states that in addition to this, many patients have intestinal or digestive disorders that prevent them from taking large amounts of these vitamins and minerals. This is where IV treatment comes in.

The doctor says that extensive studies have been conducted to show the positive effects of IV vitamin and mineral therapies. One of the main benefits of this type of therapy is the speed at which these nutrients are introduced into the bloodstream. Another benefit is the lack of side effects. While many patients who are taking vitamins and minerals may feel sick to their stomachs or experience other digestive issues caused by those vitamins, IV therapy completely bypasses the stomach so there are no side effects to suffer from.

Dr. Caversan says that IV treatment therapies can take less than an hour to complete in most cases. The clinic currently offers a number of infusions depending on the specific need of each patient. These therapies deliver 100 percent absorption to patients so there are no wasted vitamins or minerals as there are when taking supplements orally. The doctor says that drinking various sports drinks or oral vitamins means that those vitamins will pass through the digestive system and the patient only gets about half of their benefits. With IV therapy, however, he says that all of the benefits of those minerals are experienced because they are deposited directly into the bloodstream with no bypass. Dr. Caversan encourages those interested in this type of therapy to look at this recommended reading to learn more.

Dehydration is a serious condition and can be detrimental to the body. Damages can result from just a two percent dehydration level, so the doctor says that staying hydrated, completely hydrated, is essential and this level of hydration can be achieved through the clinic's IV hydration therapies. In addition, vitamins are needed for the body to operate at its optimal levels and IV therapy provides the best chance at vitamin infusion for the bloodstream.

Dr. Caversan says that the therapies that the wellness centre provides can give patients complete rehydration and maximum nutrient consumption to help them to feel energized and refreshed. The benefits of IV therapy can be felt for hours after the therapy has been administered. The wellness centre states that those who would like more information or who would like to schedule a consultation can visit them online.

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## Dr. Amauri Wellness Centre

Dr. Amauri Wellness Centre is consist of wellness practitioners that are committed to helping you achieve optimum health, well-being, and over-all quality of life. Our team is lead by a Naturopathic Practitioner in Toronto, Dr. Amauri Caversan, ND.

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