

THE HAVEN AT NORTH HILLS

SENIOR RESIDENCE

Organizations Look Forward to Combining Resources to Provide Compassionate, Person-Centered Care in Pittsburgh

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PITTSBURGH, Pennsylvania - Sunshine Retirement Living is pleased to announce the addition of The Haven at North Hills to their extended network of state-of-the-art senior residences. The Haven's beautiful campus and upscale amenities align well with Sunshine Retirement Living's mission and vision, making the acquisition a natural next step for both organizations.

The Haven is staffed 24 hours a day to provide person-centred personal and memory care services in the Pittsburgh area, extending services beyond permanent residents to include those who need short-term or respite care.

Today's older adults often seek communities that are able to offer hotel-like amenities for their ultimate comfort and leisure. The Haven at North Hills features a full range of amenities to ease each community member's transition into personal care including their unique Easy-Move Program, month-to-month lease options, a robust daily rhythm program, location-based pendants for quick access to help, 24/7 dining, and more. Residents enjoy meals designed by an executive chef and prepared by an experienced team any time

of the day or night, an amenity that very few personal and memory care communities provide for their residents. Those with dietary restrictions are welcomed and accommodated.

Residents are able to enjoy the things they like to do. The Haven's daily rhythm program is designed to enrich the lives of residents and is backed by research and evidence. The program provides opportunities for social connections, spiritual support, emotional expression, and intellectual discovery through activities ranging from volunteerism to pet therapy. Each day, The Haven hosts a number of activities appealing to residents from all walks of life.

The Haven goes above and beyond retirement living to provide memory and personal care services in a safe and encouraging setting. Services at The Haven at North Hills include health monitoring, medication management, assistance with dressing, bathing, grooming, and oral care. The person-centred mission of The Haven ensures that the routines residents develop over their lifetimes are maintained - if they prefer - in the personal and memory care setting. Showering, personal care, dining, wake time, and bedtime depend on each individual's preferences and requests, not the caregiver's or residence's schedule. When seeking retirement living in Pittsburgh, The Haven at North Hill is a leading option.

The grounds at The Haven promote an active lifestyle and the health benefits of exposure to sunshine and fresh air. Surrounded by lush greenery, a safe, secure walking path winds through the grounds for resident and guest use, featuring comfortable seating and peaceful views.

Advanced programs are offered to promote the independence and well-being of residents at The Haven, including calming music therapy, relaxing aromatherapy, proven validation techniques, and activities that promote health and wellness. The person-centred care model at The Haven focuses on encouraging and allowing each resident to exercise as much independence as they choose to and are able to exercise, which helps them maintain that independence for as long as possible.

The Haven at North Hills and Sunshine Retirement Living are excited about the acquisition and look forward to working together to deliver compassionate, person-centred care in the Pittsburgh area.

For more information, visit www.TheHavenRet.net or call (412) 599-1032.

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For more information about The Haven at North Hills Senior Senior Residence, contact the company here: The Haven at North Hills Senior Senior Residence Sarah Peters (541) 323-5280 sarah.peters@sunshineret.com One Windsor Way Pittsburgh, PA 15237

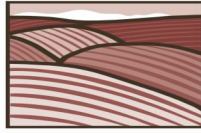
The Haven at North Hills Senior Senior Residence

The Haven offers personal care for persons starting to experience memory challenges, Memory Care for Alzheimer?s and dementia, respite, and hospice care with professional staff available day and night.

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