



WhiteSands Announces Availability Of Drug Rehab Tampa Center

October 26, 2018

October 26, 2018 - PRESSADVANTAGE -

WhiteSands Treatment Center has announced the availability of their Tampa drug rehab center. The facility has rehabilitation treatment for patients all over Florida and states that their unique approach to drug and alcohol addiction is what helps them to help patients experience longer sobriety.

Joe Ducey, a representative for the drug treatment facility says, "Our Tampa rehab center is state of the art and filled with caring and compassionate staff members. Our goal is to not only help you to reach sobriety but help you to maintain your sobriety for the rest of your life."

Ducey says that WhiteSands offers addiction treatment centers in Tampa Bay and Fort Meyers, Florida. He states that the facilities create an atmosphere of relaxation in order to provide a unique approach to addiction treatment. The company states that they are far from the traditional or typical drug treatment facilities. they offer a unique approach that helps their patients to experience a longer period of sobriety and create a personalized treatment plan for each and every patient.

"You want a Tampa drug treatment center that you know is going to be successful for yourself or a loved

one," says Ducey. "Our facility does not just treat the addiction. We treat the underlying cause of the addiction which gives you a much better chance at maintaining your sobriety once those drugs are out of your system."

WhiteSands treatment centers specialize in dual diagnosis treatments for substance abuse addiction. The company says that this dual diagnosis, treating both the addiction and the underlying mental disorder, is what helps them to ensure longer sobriety than traditional treatment centers. Dual diagnosis has been proven effective in treating drug and alcohol addiction because it gets to the reason for the addiction. Studies have shown that helping patients to determine why they became addicted and dealing with those issues helps them to learn new methods of coping with mental disorders in the future and thus avoids a relapse in most cases.

The WhiteSands inpatient treatment program is designed to provide long-term sobriety and Ducey says that this is the goal for every single patient. The rehab center combines evidence-based treatments with counseling and support in order to help their patients reach and maintain sobriety. The facility offers a number of treatment programs including medical detox, inpatient and outpatient rehabilitation, support and counseling sessions, interventions, dual diagnosis, relapse prevention and other options.

Ducey says that the Tampa Bay facility features a 50,000 square feet structure that was once a hotel with 270 guest rooms. The resort has since been turned into a resort type rehab facility that includes 150 patient beds in a structure that sits on nearly nine acres. It includes a resort size swimming pool, tiki huts, gazebos and picnic tables. Other amenities include a workout gym, spa treatment rooms, large dining hall, clubhouse game room, chiropractor, massage therapists, yoga classes and biofeedback treatment. Patients can choose a single room or choose to share the room with a roommate of the facility's choosing. Patients at WhiteSands in Tampa Bay also have access to haircut services for men and women, nail salon services, volleyball and basketball courts, barbecues and other amenities that are designed to provide more relaxation for patients. Ducey says that the resort feel of the facility is what has helped so many patients to find sobriety and to relax enough to get to the root of their issues.

The Tampa Bay rehab facility uses a medically assisted detoxification therapy that includes the use of controlled medications that are designed to ease the symptoms of withdrawal from drugs and alcohol. The facility has a higher than average ratio of therapists to patients so that each patient has more one on one time with a counselor, which has been proven as an effective method of treating drug and alcohol abuse. Group sizes are never over 15, again to foster more one on one time between the therapist and the patient. Ducey says that their specific treatment options and methods have worked for many patients in the past and states that they hope to help many more patients in the future. WhiteSands accepts private insurance and those who are interested can contact the facility to discuss payment options or to learn more about the treatments that are available.

The facility urges those who have an addiction or those who have a loved one with an addiction to contact them to schedule a consultation where more information can be learned. Those interested can also visit the rehab facility online to learn more.

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For more information about WhiteSands Treatment Center - Tampa Florida, contact the company here: WhiteSands Treatment Center - Tampa Florida Joe Ducey media@whitesandtreatment.com 7620 Gunn Hwy Unit 110 Tampa, FL 33625

WhiteSands Treatment Center - Tampa Florida

White Sands Treatment Center offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

Website: <https://whitesandtreatment.com/locations/florida/tampa-drug-rehab/>

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