WhiteSands Announces Availability Of Brandon Drug Rehab Facility

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WhiteSands Treatment Center, which has a number of locations in the state of Florida, has announced the availability of the Brandon drug rehab facility. The treatment center in Brandon, Florida, has the capacity for providing both inpatient and outpatient treatment programs for drug or alcohol abuse. They point out that one of things that make their facilities unique is the relaxing environment in a facility that looks and feels like a resort. The relaxed atmosphere is designed to stimulate recovery in patients, and the highly trained staff are there to help patients get back on their feet and return to their normal lives and families.

Joe Ducey, spokesperson for WhiteSands, says, "Florida's WhiteSands Treatment Center outpatient rehabilitation center in Brandon has been a blessing for individuals with a moderate substance abuse problem who are serious about getting sober. Patients are in control of their lives, being able to work and look after their families, while they receive proper treatment and advice. You don?t have to go through this alone. If you, or a loved one, are suffering from addiction or addictive tendencies, then don?t hesitate to call our Brandon Drug Rehab Center."

Joe Ducey explains that the WhiteSands Treatment Center Brandon facility has several core outpatient

treatment programs. These include individual counseling, group intensive outpatient counseling, individual therapy, group intensive outpatient therapy, outpatient and inpatient levels of care, treatment plans for substance addiction, treatment plans for alcohol addiction, and treatment plans that address co-occurring disorders.

Furthermore, the WhiteSands Treatment Center offers inpatient treatment programs so that patients would be able to concentrate on their recovery and well-being, while staying in a relaxed and comfortable environment, which makes them feel like they are simply enjoying a vacation on a resort. They are guided by addiction specialists at the drug rehab facility so that they can get back to living their normal lives after they have finally escaped the bonds imposed by substance abuse.

Joe Ducey says about the treatment center, "Here, you can focus on your recovery and well-being, while enjoying an environment of total comfort. Our staff of highly experienced addiction professionals are dedicated to help in the recovery of those suffering from the disease of addiction. They are not only well-trained in the field of alcohol and drug addiction treatment, but they are truly passionate about projecting a sense of safety, providing comfort, and fostering trust with the addict and their families."

WhiteSands Treatment Center develops treatment programs based on the understanding that every person with an addiction is unique because each one has a different story and will therefore require different strategies in getting on the road to full recovery. Therefore, the customized treatment plans are planned by considering the specific needs of each patient, while also treating psychological issues that may be present and have been the trigger for the addiction.

WhiteSands Treatment Center has several treatment methods to choose from in tailoring a program for each individual. These include intensive outpatient treatment, peer support groups, partial hospital programs, 12-step fellowship, inpatient/residential treatment, holistic approaches, group or individual counseling, and relapse prevention.

Joe Ducey explains, "By truly healing the addict emotionally, physically, and spiritually, WhiteSands Drug Addiction Treatment Center gives you or your loved one not only a chance to achieve lifelong recovery but to achieve success in all aspects of life. Our Florida rehab center takes a holistic approach to addiction recovery that restores the mind, body, and spirit, paired with traditional addiction treatment methods."

The inpatient program has a number of intense phases. Addiction specialists will advise on the use of therapies like: family therapy, motivation therapy, contingency management, cognitive behavioral therapy, rational emotive behavior therapy, and dialectical behavior therapy.

Joe Ducey warns that there will always be a chance that a treated patient will suffer a relapse. He explains,

"Relapse prevention is something that must begin before the threat of drug use even arises. At WhiteSands Treatment, part of the rehabilitation process involves the creation of a drug and alcohol relapse prevention plan that every patient can take with them once they leave. These relapse prevention strategies can save lives, and help recovering addicts know how to deal with emotional triggers and tempting social situations."

Since patients are provided with coping and recovery tools while undergoing treatment, they are expected to be able to handle stumbling blocks on their road to recovery and get back on their feet until they are finally able to achieve life-long sobriety.

Those who are interested in getting more information about the drug and alcohol treatment rehab programs at the Brandon drug rehab facility of WhiteSands Treatment Center can visit their website.

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WhiteSands Treatment Center - Brandon Florida

White Sands Treatment Center offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

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