



WhiteSands Announces Port St Lucie Drug Rehab Services

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WhiteSands Treatment Center has announced the availability of a new Port St Lucie drug abuse rehab center. The drug rehab service provider has locations throughout Florida and provides addiction assistance for those who suffer from drug or alcohol abuse.

Joe Ducey, a spokesperson for the rehab center says, "Our goal at Whitesands Treatment Center is to provide addiction recovery services that lead to long-term sobriety. We offer a wide range of recovery treatment methods and a unique approach to sobriety that has proven effective."

Ducey says that the WhiteSands Treatment Center in Port St Lucie offers state of the art addiction recovery services. The accommodations are designed to provide a resort-like feel for total relaxation and the facility offers a number of treatment options and programs to meet a wide range of needs. Ducey says that their dual diagnosis focus has proven to be very effective in helping patients to not only recover from their initial addiction but to recover also from their underlying mental conditions, which can lead to longer lasting sobriety.

"Without knowing why one is addicted," Ducey says, "It can be difficult to stay sober. We delve into the problem to find the root, and once that is done, we can help our patients to experience much longer terms of sobriety. Our goal is lifetime sobriety and that is what many of our patients are finding with us."

WhiteSands Treatment Centers offer state of the art accommodations, according to Ducey. He states that their treatments center on relaxation and their resort-like facilities help patients to relax and focus more on their recovery. He states that the facilities use proven methods to foster long-term recovery and says that many facilities simply focus on the addiction without providing support for long-term recovery. WhiteSands Treatment Center's addiction treatment programs include relapse prevention, inpatient and outpatient programs, family therapy, intervention programs, partial hospitalization treatment and various other treatment programs.

The facility states that their goal is to help their patients to prevent relapse and experience long-term recovery. Ducey says that their personal approach to each individual patient is one reason why they have been so successful. Each location provides therapy for addiction that focuses on forgiveness, which includes the patients forgiving themselves as well as others who have caused them harm. Ducey says that forgiveness is an important part of the total recovery.

The Port St. Lucie facility is built with a resort like design in mind. The facility offers single and double bedrooms, each of which is equipped with full sized beds, televisions and a private bathroom. Ducey says that the facility also offers a number of amenities that include a swimming pool, picnic tables, large dining halls, spa treatment rooms, gyms and various others.

Activities for patients include massage therapy, biofeedback therapy, spa services, salon services for men and women that include haircuts and nail services, and yoga classes, among others. Ducey says that these activities are all designed to help patients to feel more relaxed and to motivate them to better care for themselves, which could lead to long-term sobriety.

The WhiteSands Treatment Center utilizes controlled substance medically assisted detoxification that can help patients to better cope with their withdrawal symptoms. Ducey says that patients can experience painful withdrawal symptoms, some to the point that they often go back on their recovery just to avoid those symptoms. Ducey says that the treatment for those symptoms is as important as the treatment for the overall addiction and states that their use of controlled medications helps patients to better cope with withdrawal symptoms so that they have a much better chance at success when it comes to long-term recovery.

The facility states that they accept private insurance and that patients or potential patients who have questions about payment can contact them directly to learn more about what payment options are currently available. Those who are interested can also visit them on their official website to read through their lists of

amenities and treatment programs that are currently available. WhiteSands offers treatment for various addictions to patients all over Florida.

The facility states that anyone who has questions about their treatments or any other aspects of recovery can visit them online or contact them directly to speak with a staff member. Those currently facing addiction or their family members are welcome to contact the facility to speak with someone about scheduling an initial consultation where questions can be answered about the treatment protocol for various addictions.

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For more information about WhiteSands Treatment Center - Port St. Lucie, contact the company here: WhiteSands Treatment Center - Port St. Lucie Joe Ducey (772) 400-4767 media@whitesandtreatment.com 145 Central Park Plaza Port St. Lucie, FL 34986

WhiteSands Treatment Center - Port St. Lucie

White Sands Treatment Center offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

Website: <https://whitesandtreatment.com/locations/florida/port-st-lucie/>

Email: media@whitesandtreatment.com

Phone: (772) 400-4767

