



WhiteSands Announces Spring Hill Drug Rehab Facility

October 30, 2018

October 30, 2018 - PRESSADVANTAGE -

WhiteSands Treatment Center is an alcohol and drug rehabilitation facility with locations all over the state of Florida. The treatment center recently announced that they are now providing Spring Hill drug rehab for those who need it.

Joe Ducey, a representative for the treatment center says, "Our treatment facilities are designed to offer a personalized approach to sobriety. We want to see you reach the point of no longer being dependent on drugs or alcohol and we want you to maintain that point for the rest of your life."

Ducey says that the treatment facility offers a number of specialized approaches to treating drug and alcohol addiction. He says that their dual diagnosis treatment has been very successful in the past, working to help those who are addicted to work through any underlying mental disorders that may be leading to their addiction. Once those mental issues are addressed, true recovery from addiction can be achieved.

"You have to know why you were drawn to your substance of choice," says Ducey. "Our WhiteSands Treatment Center Spring Hill is here to help you to determine why you became addicted. Once we know that, and we work through whatever that issue is or was, you can truly get to the root of your addiction and begin the recovery process."

Ducey says that many patients have dual diagnosis but are not aware of any issues aside from their addiction. He says that those who are unaware or unable to cope with their other mental issues will eventually find their way back to the substance to which they were addicted. This cycle repeats itself in many addicts and unfortunately, is never resolved. Ducey says that WhiteSands Treatment Center focuses on changing this fact by treating both the addiction and the underlying reason for the addiction, giving the patient a much higher chance at succeeding throughout treatment and into the far future.

The WhiteSands addiction treatment program includes a number of therapies and treatment types including dual diagnosis, inpatient and outpatient treatment programs, partial hospitalization treatment, family therapy, intervention, relapse prevention and others. Ducey says that the goal of the treatment center is to help patients learn to have trust in themselves and in others in order to reach sobriety and stay there. He says that it is the ultimate goal of the treatment center to see every single patient living with long-term sobriety, and the methods used for treatment have been very successful so far, according to Ducey.

The treatment center has more than 150 beds available for those who are addicted to drugs or alcohol. The facility includes many resort-like features such as a large swimming pool, clubhouse game room, picnic tables and other outdoor amenities, large dining hall, gyms, spa treatment rooms and more. Ducey says that they strive for complete relaxation for their patients, which is crucial for the addiction therapy program to be successful.

Patients can choose a private room or a shared room. Each patient room includes a television, full sized beds for each patient and a private bathroom. In addition, the facility fosters outdoor activities such as basketball and volleyball, offer yoga and other fitness classes and various other amenities that Ducey says are designed to keep patients active and healthy. Ducey says that the facility uses medically assisted detox methods such as controlled medications. These medications are designed to help patients by alleviating many of the harsh symptoms of withdrawal. Some patients fear their withdrawal symptoms and often use this as an excuse to avoid becoming sober. Ducey says that through this medically controlled program, patients feel fewer symptoms and to a lesser degree so they are more able to focus directly on their recovery as opposed to the symptoms that they are going through during that recovery.

WhiteSands Treatment Center accepts private insurance in all of their facilities. The treatment center says that anyone who needs more information about insurance claims or paying for treatment out of pocket can contact the treatment center at any location and speak to an admissions counselor. Those who need more information about the facility, including the types of addiction that they treat and their various treatment methods and options can visit them on their official website to learn more. Information is provided about all of their Florida locations. Family members who need assistance with a loved one who is addicted to drugs or alcohol can also contact the treatment center and speak with a counselor for help with their loved one's

addiction.

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For more information about WhiteSands Treatment Center - Spring Hill Florida, contact the company here: WhiteSands Treatment Center - Spring Hill Florida Joe Ducey (352) 397-2902 media@whitesandstreatment.com 4112 Lamson Avenue, Unit 17 Spring Hill, FL 34608

WhiteSands Treatment Center - Spring Hill Florida

White Sands Treatment Center offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

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