

## WhiteSands Announces Daytona Drug Rehab Services

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WhiteSands Treatment Center has announced new Daytona drug rehab services. WhiteSands offers a number of treatment options for those who are addicted to drugs and alcohol.

Joe Ducey, a representative for the drug and alcohol rehab facility, says, "Our goal with every single patient is to help you to reach sobriety and maintain that sobriety. We want to see you living a long and healthy life free from addiction, and our facilities and treatment programs are all designed to help you to do that."

Ducey says that the WhiteSands Treatment Center Daytona residents can go to, is now accepting patients. He says that the facility is a state of the art treatment center offering the best in accommodations and a number of treatment options. WhiteSands specializes in dual diagnosis, helping to treat the underlying mental issues of patients while also treating their addictions. Ducey says that identifying and treating any underlying mental concerns is important in reaching and maintaining sobriety.

"You need to know why you are addicted, or why your family member or loved one has become addicted," says Ducey. "Often this means taking a look deeper than just the addiction. For many patients, there is an underlying mental health issue that contributes to their addiction. It could be this mental health issue that has caused the addiction in the first place and treating it will help to make your recovery that much more

successful."

Ducey says that WhiteSands in Daytona offers both outpatient and inpatient drug rehab services. He states that all of their Florida facilities focus on long-term recovery support. The facility offers a variety of treatment options depending on the need of the patient. These treatments can include detox, therapy, counseling, family therapy and intervention, among others. Ducey says that all therapy programs are provided in a resort style rehabilitation facility that is designed to help each patient to fully relax during their rehab so that they can focus solely on their recovery.

WhiteSands Treatment Center offers facilities that include 150 or more beds in private or semi-private rooms. Each facility also includes a clubhouse game room, resort sized swimming pool, outdoor huts and tables for leisure activities, large dining halls, gyms, spa treatment rooms and other amenities. Patients can choose to share a room with a roommate that is designated by the facility or they may request a private room. Each patient room is equipped with a full sized bed for each patient as well as a television and private bathroom.

WhiteSands Treatment Centers also offer massage therapists, chiropractors, salon services for women that include haircuts, hair styling and nail services and haircuts for men. Other amenities and activities include yoga classes, biofeedback treatment, and a variety of sports such as sand volleyball and basketball. The facility states that they believe full relaxation is important for those who are overcoming drug or alcohol addictions. They state that their facilities are designed to offer a more relaxed and laid back atmosphere while still giving patients the therapy and counseling that they need to kick their addiction and experience long-term sobriety. The success rate for WhiteSands Treatment Center is very high due to their relaxation focus and their total recovery programs.

Ducey says that the treatment center uses controlled substances as a form of medically assisted detox for patients. This is because withdrawal symptoms from drugs and especially alcohol can be harsh. Many patients fear these withdrawal symptoms so much that they may avoid rehab simply because they do not want the ill effects that withdrawal can bring. Ducey says that this is not a problem with medically assisted detox. The controlled medications help to alleviate the symptoms of withdrawal and can eliminate them completely in some cases.

Ducey states that WhiteSands accepts most private insurance carriers. Those who may have questions about paying for rehab can contact the facility to speak with an admissions counselor and learn more about the cost of the program and what payment options may be available for the patient.

Those who are interested in learning more can also visit WhiteSands Treatment Center on their official website to get more information on the various rehab programs that they offer and their facilities. Loved ones of an addict can call to speak with a counselor to determine what can be done to help their loved one with

their addiction. Patients who want assistance in overcoming their addiction can contact the facility to speak with a counselor to learn more about the drug and alcohol rehab programs that are available and how the patient can enter into WhiteSands treatment.

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For more information about WhiteSands Treatment Center - Daytona Florida, contact the company here:WhiteSands Treatment Center - Daytona FloridaJoe Ducey (386) 267-6883media@whitesandstreatment.com435 S. Ridgewood Ave, Unit 204 CDaytona Beach, FL32114

## WhiteSands Treatment Center - Daytona Florida

White Sands Treatment Center offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

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