



## **WhiteSands Orlando Drug Rehab Facility Publishes Checklist To Help Identify A Functioning Addict**

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WhiteSands Treatment Center has announced that their Orlando drug rehab facility has published an article on its site titled "Is My Loved One A Functioning Addict?" They explained that this article contains a checklist of signs that family members can use to identify a highly functioning addict and what to do to get them into a recovery program.

Joe Ducey, a representative for the WhiteSands drug and alcohol rehab facility, says, "The article is supposed to help people detect if one of the family members is a high functioning addict who is able to hide his or her problem. Functioning addicts don't fit the mold, and they succeed where others fail. The human body and mind, however, can only take so much abuse before the damage inflicted surfaces with serious results."

Joe explains that the signs of a high functioning addict or alcoholic include denial, unusual behavior patterns, having a ready excuse for any behavior problems or excessive use of drugs or alcohol, and occasional tiredness, slurred speech, irritability, moodiness, and weight fluctuations.

Joe says, "If you or a loved one needs help with abuse and/or treatment, please call the WhiteSands Treatment. Our addiction specialists can assess your recovery needs and help you get the addiction treatment that provides the best chance for your long-term recovery."

That WhiteSands Treatment Center's rehab programs are effective can be attested to by previous patients. For instance, Stewart S. gave the facility five stars and said, "WhiteSands Treatment Center saved my life. I went there in mid-Jan of 2018 and I have not touched a drug since. The drug rehab center gave me a great foundation to start my own recovery program. Thank you so much." Meanwhile, Mike said, "There's no rehab out there in the United States that I would even suggest you go to besides WhiteSands..."

WhiteSands Treatment Center, according to Joe Ducey, offers patients unsurpassed treatment for their alcohol or drug addiction. Joe explains, "Our facilities consist of compassionate and caring addiction advisors, therapists, and medical personnel who will make our patient's journey throughout recovery a comfortable and positive one."

The modern facilities of WhiteSands at Orlando engender a sense of relaxation and mindfulness while offering the most comprehensive addiction treatment possible for a particular patient. The treatment program for each patient is unique because every person's situation and addiction is unique. The team at WhiteSands Treatment Center are focused on helping patients achieve their desire of reaching long-term sobriety. They are able to provide dual-diagnosis treatment and substance abuse addiction in order to help patients manage and cope with any existing mental disease while also treating their addiction.

According to Joe Ducey, the WhiteSands addiction programs include outpatient and inpatient rehab, medical detox, family therapy, partial hospitalization, alternative treatment, relapse prevention, IOP and alcohol rehab, dual diagnosis, intervention, and many more.

Some of the treatments that are applied by WhiteSands Treatment Center for substance use disorders include: intensive outpatient treatment, 12-step fellowship, holistic approaches, inpatient or residential treatment, group or individual counseling, partial hospital programs, and relapse prevention. Patients need not go through all of these programs. A counselor at WhiteSands will serve as a guide on which options are appropriate for each particular case. Usually, however, all patients will have to go through medically-assisted detox to be able to safely and effectively wean their bodies off of the substance that was abused.

Some of the therapies that can be recommended by the addiction specialists at WhiteSands are family therapy, dialectical behavior therapy, rational emotive behavior therapy, cognitive behavioral therapy, contingency management, and motivation therapy.

The addiction treatment programs may be as long as 30 days to 90 days, depending on the severity of the

addiction. Joe Ducey explains, "Drug treatment is designed to assist addicts in stopping their compulsive desire to use drugs. Since drug addiction is a chronic disorder that makes addicts prone to relapse, it is not uncommon for individuals to need multiple treatment sessions in order to make a full recovery. This could mean attending an additional 30-day program after their initial program is completed or attending an ongoing relapse prevention program."

Those who are interested in learning more can also visit WhiteSands Treatment Center on their official website for their Orlando facility to get more information on the various rehab programs that they offer and their facilities. Loved ones of an addicted person may call to speak with a counselor to determine what can be done to help convince that person to join a recovery program. Patients who want help in overcoming their addiction may also contact the facility to speak with a counselor to learn more about the outpatient and inpatient drug rehab programs offered at WhiteSands.

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For more information about WhiteSands Treatment Center - Orlando, contact the company here: WhiteSands Treatment Center - Orlando Joe Ducey (407) 255-2351 [media@whitesandstreatment.com](mailto:media@whitesandstreatment.com) 56 E. Pine Street Orlando, FL 32801

### **WhiteSands Treatment Center - Orlando**

*White Sands Treatment Center offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.*

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