



Port St. Lucie Drug Rehab Center Offers Both Inpatient And Outpatient Options

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WhiteSands Treatment Center - Port St. Lucie, Florida, has announced that they offer both inpatient and outpatient treatment options. They want to welcome people with substance abuse and alcohol addiction problems to the Port St. Lucie drug rehab center. They also want to emphasize that they accept private insurance but only out of network insurance plans.

Joe Ducey from WhiteSands Treatment Center says, "Our Port St. Lucie rehab outpatient programs provide highly successful alcohol and drug treatment sessions for those who prefer to keep their privacy or just finished an intensive rehab program and need to follow up. Patients can lead a perfectly normal life while taking advantage of the best treatment available at their own rhythm."

Joe Ducey explains that the outpatient rehabilitation center of WhiteSands Treatment Center at Port St Lucie has been found to be successful in treating patients with a moderate substance abuse problem as long as they are serious in getting sober for the rest of their lives. A key benefit of the outpatient programs is that patients will be able to continue their normal lives while undergoing appropriate treatment. They will still be able to live with their families and they can continue to go to work. What is important is that they are not alone

in dealing with their addiction problem. The treatment center has a team of board-certified nurses, counselors, doctors and psychiatrists who have all specialized in the treatment of substance addiction and co-occurring disorders.

The center for drug rehab in Port St. Lucie Florida boasts of a core outpatient treatment program. Components of this program include group intensive outpatient counseling, individual counseling, group intensive outpatient therapy, individual therapy, outpatient and inpatient levels of care, treatment plans for alcohol addiction, treatment plans for substance abuse addiction, and treatment plans for co-occurring disorders.

Meanwhile, for their inpatient drug and alcohol rehab program, patients living at WhiteSands will participate in an intensive treatment program where they will stay during an average of 30 to 60 days at the state-of-the-art facility. Those in the inpatient treatment programs will also undergo a medically assisted drug detox. This is to help patients deal with withdrawal upon entering the treatment center. The team at WhiteSands will administer the required medications and observe the patients 24/7 to make sure that they are safe and comfortable.

Joe Ducey also wants to emphasize that they take a holistic approach towards addiction recovery, allowing the patients to be healed by restoring their body, mind and spirit, and this is combined with the usual addiction treatment strategies. And for those who have a moderate addiction problem, an intensive outpatient drug treatment program is offered. During their weekly visits to the center for substance abuse treatment in Port St Lucie, they are provided with the support that they need in order to learn how to successfully transition to a life that is free from addiction.

Joe Ducey points out that one of their drug and alcohol inpatient rehab centers is found in Plant City, Florida. This is only minutes away from Tampa, Florida, so that it is strategically located. In this facility, patients would be able to focus on their recovery and well-being. A team of professional doctors, nurses, psychiatrists and counselors are always on hand to provide assistance to patients in their journey towards a life that is free from addiction.

The inpatient facility at Tampa Bay has an area of 50,000 square feet. It was previously used as a resort hotel and entertainment complex with 270 rooms. WhiteSands had converted the property into a 150-bed, state-of-the-art resort-style treatment facility. It has a big pool and lounging area, tiki huts, gazebos tiki huts, and picnic tables that patients can enjoy for outdoor relaxation. In addition, the facility also features a clubhouse game room, large dining table, spa, workout gym, snack cafe, and treatment rooms. Patients have the choice of staying in a single occupancy room or a large double occupancy room that they share with a roommate. Each room has full-size beds, flat screen television, and a private bathroom.

Meanwhile, in Fort Meyers, Florida, WhiteSands Treatment Center has another inpatient treatment center that also has a calm and serene environment. Patients are guided by a staff of specialists who will offer the necessary assistance as patients go through their customized treatment program that will allow them to successfully achieve sobriety. An important factor, according to Joe Ducey, is that patients will feel safe and secure in the facility so that they can focus on their recovery.

Those who need more information about the WhiteSands Treatment Center - Port St. Lucie facilities can visit their website or call them by telephone.

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For more information about WhiteSands Treatment Center - Port St. Lucie, contact the company here: WhiteSands Treatment Center - Port St. Lucie Joe Ducey (772) 400-4767
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WhiteSands Treatment Center - Port St. Lucie

White Sands Treatment Center offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

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