



St. Petersburg Drug Rehab Offers Various Inpatient And Outpatient Treatments

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WhiteSands Treatment Center - St Petersburg has announced that they offer various kinds of outpatient and inpatient treatment programs for people with addiction problems. The St. Petersburg drug rehab outpatient programs are adjusted to the patients' lifestyle and pace so that patients are able to schedule their sessions at different times of the week so as not to disrupt their regular work schedules.

Joe Ducey from WhiteSands Treatment Center says, "You don?t have to go through this alone. Our experienced doctors, therapists, and mental health specialists provide completely tailored treatment alternatives based on your personal requirements and preferences. If you, or a loved one, are suffering from addiction or addictive tendencies, then don?t hesitate to call our St. Petersburg Drug Rehab Center."

Joe Ducey explains that the outpatient programs are designed for those who want to maintain their privacy or those who have just completed an intensive rehab program and have to follow up. Thus, with these outpatient programs, patients remain in control of their lives. They can continue what they have been doing, whether it is going to work or going to school, while at the same time they are receiving the appropriate treatment at the WhiteSands Treatment Center in St. Petersburg.

The drug rehab St. Petersburg outpatient treatment facility has received positive reviews from former patients. For instance, Alejandro G. gave them five stars and said, "When I arrived at this drug rehab center, I was hopeless, broke, and helpless. I cannot believe I am walking out as a completely changed man. Full of life and hope that my future will be bright. Thank you WhiteSand Treatment Center. You gave me my life back."

Meanwhile, Denise H. also gave the facility five stars and said, "The staff go above and beyond in ensuring that all the patients get the treatment they need. Best drug rehab center in St Petersburg."

While there are various kinds of outpatient programs provided at the St Petersburg WhiteSands facility, they have a basis for those programs, which is the core outpatient treatment program. This has several components, such as individual therapy, group intensive outpatient therapy, individual counseling, group intensive outpatient counseling, treatment plans for alcohol addiction, treatment plans for substance addiction, outpatient and inpatient levels of care, and treatment plans for co-occurring disorders.

Joe Ducey states that WhiteSands has facilities in Tampa and Fort Myers for those who need inpatient treatment. The facility located just east of Tampa Bay is a 50,000 square foot facility that was formerly a resort hotel and entertainment center but it has now been converted into a state-of-the-art inpatient facility with 150 beds. The facility now includes a resort style lounging area and swimming pool, picnic tables, gazebos, and tiki huts for outdoor relaxation. With the big dining hall, snack cafe, spa treatment rooms, clubhouse game room, and workout gym, patients will feel relaxed and calm and receptive to the advice and guidance provided by the team of addiction specialists in the facility.

In the Fort Myers inpatient treatment center, patients get to enjoy the use of a campus-style resort property that has nine custom-built houses. Each house has four bedrooms, a group meeting room, and a therapist office. It is also equipped with a big living room with couches and flat screen TV, making the patients feel that they are really at home. All nine house are connected by cobbled walking paths and these are intersected by gazebos, fountains, attractive landscaping, and streams. There are also three community buildings where patients can enjoy their meals in a huge dining hall and snack cafe. There are also some medical offices, gyms, and spas in the community buildings.

The inpatient facilities at Fort Myers and Tampa have basically the same amenities and activities that patients can partake in. These include massage therapy for relieving stress and promoting relaxation, chiropractor treatment for pain and mobility problems, biofeedback treatment for stress and anxiety, yoga class for enhanced physical well-being and relaxation, salon services for women, haircuts for men, basketball court, workout gym, barbecue cookouts, and off-site activities that include trips to the local movie theaters, bowling alleys, nature areas, parks, and beaches.

That these facilities really work has been attested to by patients. For example, Kristin R. gave them five stars and said, "Amazing place and very very very helpful staff. The atmosphere is peaceful and homey just as what you'd want in a place to get better. I thought I was a lost cause but these guys don't give up on you. No matter how bad your situation is they'll stick with you till the end and bring you out of that dark pit. Thank you so much for bringing my life and me back on the track, I couldn't have been able to do it without you guys. Thank you so much!"

Those who need more information about the residential drug rehab services and facilities of WhiteSands can visit their website or call them by phone.

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For more information about WhiteSands Treatment Center - St Petersburg, contact the company here: WhiteSands Treatment Center - St Petersburg Joe Ducey (727) 201-1400 media@whitesandstreatment.com 5749 38th Avenue North St Petersburg, FL 33710

WhiteSands Treatment Center - St Petersburg

WhiteSands Treatment Center In Saint Petersburg offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

Website: <https://whitesandstreatment.com/locations/florida/st-petersburg/>

Email: media@whitesandstreatment.com

Phone: (727) 201-1400



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